

CONTENTS

Introduction

- Welcome Letter
- NUCCA Student Clubs
- Speaker Guidelines
- Volunteer Information

Membership

Student Membership Packages

Student Learning Tools

- On-Line Modules
- On-Line NUCCA Textbook
- Monographs NUCCA Website
- Student Proficiency Exam

Scholarship Opportunities

Funding Opportunities

Events

- NUCCA Conferences
- Ask Me Anything Sessions
- Settleback Sessions



INTRODUCTION



Dear Student Club Members,

Congratulations on joining the NUCCA Student Club at your College! We are thrilled to have you as part of our NUCCA community and look forward to an exciting journey together. This Club Kit is designed to provide you with essential information and resources to help you make the most of your NUCCA Student Club experience.

About NUCCA:

The National Upper Cervical Chiropractic Association (NUCCA) is a professional organization dedicated to advancing the field of upper cervical chiropractic care. NUCCA emphasizes precision and non-invasiveness in its approach to spinal health, making it an exciting field for chiropractic students to explore.

NUCCA Student Clubs:

Our student clubs are an extension of NUCCA, providing a platform for students interested in upper cervical chiropractic care to connect, learn, and grow together. Through meetings, events, and activities, we aim to foster a supportive community for students passionate about advancing their knowledge in this specialized field.

Club Leadership:

Meet the dedicated individuals leading the NUCCA Student Club at your College. These individuals are here to support you, organize events, and ensure the smooth functioning of the club. Feel free to reach out to them with any questions or ideas.

Upcoming Events:

Stay informed about upcoming events, workshops, and Settleback Sessions, and guest lectures organized by the NUCCA Student Club.

NUCCA Resources:

From the NUCCA Textbook to the Online Modules, these resources will be valuable companions on your educational journey.

Get Involved:

The NUCCA Student Club thrives on the active participation of its members. Learn how you can get involved, contribute to club activities, and make a positive impact on the chiropractic community at your college.

Become a NUCCA Student Member:

The ability for NUCCA to flourish has always been dependent upon the commitment and involvement of our membership and we are profoundly appreciative of that support. Our student members in particular play a vital role within the NUCCA organization and are the future of the industry.

Once again, welcome to the **NUCCA Student Club** and we look forward to seeing you at our upcoming events and working together to advance our shared passion for upper cervical chiropractic care.

visit: nucca.org/students/nucca-student-club-information

Student NUCCA/Upper Cervical Club Information

Chiropractic colleges throughout the United States feature NUCCA clubs that have been organized to introduce students to the basics of NUCCA protocol. Most of the clubs meet two times a week to go over x-ray positioning and analysis, biomechanics, and the steps necessary to make an effective upper cervical correction.

Your NUCCA club can also host doctors from all over the nation to come to your school and speak about everything from testimonials and professional opportunities to taking better x-rays and mastering adjustive procedures.

Whether you are just investigating or made the choice to use the NUCCA technique in your clinic, having a club on campus is a fantastic resource for information and mentorship. If you would like to start a NUCCA club, the first step is to get permission from student services/student council and contact the NUCCA offices at info@nucca.org. There will be a NUCCA doctor that will contact you concerning scheduling and education formats.

For a complete list of NUCCA Student Clubs, please visit https://nucca.org/ students/nucca-student-club-information/

Be sure to email info@nucca.com with updates.

NUCCA Club Financial Request Form

The NUCCA Board of Directors wants to continue and support the efforts of the NUCCA Student Clubs at participating Universities and Colleges. If your NUCCA Student Club will be holding an upcoming event that is focused on NUCCA or needs to purchase NUCCA supplies or equipment, you can be reimbursed!

NUCCA will reimburse up to \$500 per event/request (\$1,000 calendar year max per University/College). Reimbursement will be granted and approved upon submission of receipts and satisfactory report from the University/College within two (2) weeks of event conclusion or purchase of supplies/equipment.

Please click the button below to access the form. Provide as much information as you can to ensure the NUCCA Board has everything they need to grant approval.

Questions? Please contact the NUCCA office at info@nucca.org.

Request Forms

If waiting for reimbursement poses a challenge for your club, kindly email the NUCCA office. We are happy to collaborate with you on alternative arrangements to ensure your club activities and expenses proceed as seamlessly as possible.

NUCCA Club Speaker Guidelines

(NUCCA Collegiate Curriculum Committee)

Importance of Quality Speakers in NUCCA Clubs

The role of speakers in enhancing the learning experience for NUCCA club members is crucial, and various members have different qualifications to be able to speak on different topics at club meetings. The NUCCA Collegiate Curriculum Committee wants to help you choose the speakers who will best serve your club. The following outline will help you understand the qualifications of doctors who are offering to speak with you.

Any speaker representing NUCCA should be an Active Member in the NUCCA organization (visit nucca.org to see all current NUCCA members).

NUCCA Endorsed Speaker Selection Process

Prospective Speakers

Requirement: Fill out NUCCA's Speaker Request Form and have a minimum 80% aproval from the Collegiate Curriculum Committee.

Speaker request form

Keep in mind that you will have doctors offering to speak to your club who have not applied to be endorsed by NUCCA. We ask that you notify us of these speakers so that we can assist them as needed and possibly have them endorsed by the time they speak with you.

Ultimately it is your choice to have them visit, but please exercise critical thinking if they would present material about technique or X-ray analysis as it may not be in line with NUCCA Standards.

Topics

Requirement: NUCCA technique is to be taught by either NUCCA Board Certified Credentialed Instructors, or other NUCCA members who have been approved through the Student Educator process.

Other topics, including but not limited to, practice management may be taught by any NUCCA member.

The significance of meeting "NUCCA Standards"

The Standards / Certification Committee is responsible for developing, establishing, advocating and implementing standards of patient care for NUCCA doctors. This committee facilitates education by testing proficiency and competency and to design and evaluate, test and approve equipment and instruments as well as the procedures to be taught and used in our educational programs.

The Role of Board Certified Doctors

NUCCA Board Certification is a recognition of advanced proficiency in the NUCCA Technique. It signifies a doctor's commitment to excellence, precision, and adherence to NUCCA standards. Board Certification is designed to ensure that practitioners meet the highest levels of competency and proficiency in the NUCCA approach.

Board Certified doctors have undergone extensive training in the nuances of the NUCCA Technique. They possess a deep understanding of the biomechanics of the spine, the nervous system, and the specific adjustments required for optimal patient outcomes. Learning the NUCCA technique from Board Certified doctors ensures access to the most current and advanced knowledge in NUCCA chiropractic care.

Other Topics for Non-Certified NUCCA Doctors

• Understanding the NUCCA Approach

Basic principles of why doctors choose to specialize in NUCCA protocols.

NUCCA Standard, beginner level technique principles

NUCCA Philosophy

An overview of the fundamental principles of NUCCA Technique.

Alignment and Its Impact on Patient Health

• Building a Successful NUCCA Practice

Marketing Strategies

Patient Education and Communication

• Case Studies and Practical Experiences

Sharing Success Stories

Lessons Learned and Challenges Faced

VOLUNTEER Call Out!

NUCCA Committees are the heart and blood of the many NUCCA projects and initiatives that happen throughout each year. A dedicated group of members step-up and work alongside staff to deliver member value, think strategically and move the mission of NUCCA forward. Below you will find information on each committee as well as the strategic initiatives that are championed by each committee. Join one of our NUCCA Committees today!

Benefits of volunteering:

- Extend your professional network
- Enhance your leadership skills
- Take advantage of numerous opportunities for professional development
- Support the upper cervical chiropractic community

Current committees seeking new volunteers: Collegiate Curriculum Committee, Communications Committee, and Fundraising Committee.

Visit this link to express your interest

MEMBERSHIP



NUCCA Student Membership

The ability of NUCCA to flourish is dependent upon the commitment and involvement of our members. Some of the benefits of joining NUCCA at the Student Level include special pricing for the Spring and Fall Conferences, eligibility to apply for the Dr. Robert J. Goodman Memorial Scholarship, and access to the NUCCA Online Textbook.

We offer a few student membership options depending on your interest:

Membership Package Options

- Option 1: \$365 (includes both Spring and Fall conferences)
- Option 2: \$255 (includes either Spring or Fall conference)

Basic Membership Option

• \$100 (neither conference included)

Membership runs from January 1 – December 31. To join or renew, please visit our membership page here. If you have any questions on student membership options or benefits, please don't hesitate to reach out to us at info@nucca.org.

STUDENTCLUB KIT STUDENTCLUB KIT NUCCA Student Benefits

1. Student Membership Fee

NUCCA makes being a student member easy and affordable to chiropractic students. Online registration can be done at www.NUCCA.org

2. Free Hotel Stays at Conferences

There are two conference options throughout the year; spring and fall. Students are provided hotel rooms for free. **student member perk

3. Access to Online Modules

Designed for doctors and students, who are seeking a greater understanding of this incredible technique.

4. Student Proficiency

NUCCA offers students a proficiency program that hones in their adjusting and biomechanical skills.

5. Access to NUCCA's Mentorship and Career Fair

Connect with successful NUCCA doctors who are willing to mentor students and new doctors. There are in-person Mentorship & Career Fairs at each conference. Hear business success tips, have one-on-one conversations, and learn about opportunities for preceptorship, associateship, and practices for sale. <u>Visit Virtual Mentorship and Career Fair</u>

6. Free Tickets to Conference Banquet

Join the doctors at our Friday night banquet to socialize, understand the organization better and enjoy some food!

STUDENT LEARNING TOOLS



NUCCA Online Modules

The NUCCA Online Modules are designed for doctors and students at any level of experience. The module topics encompass all aspects necessary to become a successful NUCCA Doctor. From aligning your X-ray machine and analyzing images to examining patients and delivering adjustments.

The modules are intentionally concise and focused. You can access specific content when needed and proceed at your own pace. If you are new to the field, it's advisable to follow the topics in the recommended sequence. For those more advanced, you can target specific areas where you require assistance, without having to listen to complete lectures.

New content will be added as instructors identify needs and as standards of care continue to evolve. All material has been crafted and reviewed by Credentialed Instructors under the oversight of the NUCCA Education Committee and the Standards and Certification Committee.

All students can now request access to our Online Modules video library, and membership status is no longer a prerequisite. To obtain access, non-member students should reach out to the NUCCA office at info@nucca.org. In their request, they should include a valid student email address and provide their contact information.

Student members can request access <u>here:</u>

NUCCA Online Textbook

One of the benefits of being a NUCCA Student Member is you get free access to the NUCCA Online Textbook "NUCCA Protocols and Perspectives".

Students can also purchase a hardcover copy of the NUCCA textbook at a discount by emailing the NUCCA office at info@nucca.org.

NUCCA Online Textbook (Click here)

The Upper Cervical Monograph

The National Upper Cervical Chiropractic Association (NUCCA) and the Upper Cervical Research Foundation (UCRF) are dedicated to the research, education, and sustainability of a unique and profoundly influential form of healthcare.

This website is dedicated to bringing the understanding of research and clinical practice to offer best of outcome measures, the safest interventions, and the greatest enhancements in quality-of-life.

Please <u>explore the information here</u> and look for updates to discover new possibilities for a healthier future.

STUDENT PROFICIENCY

LEVELS 1-4

STUDENT PROFICIENCY LEVEL 1

Instructions:

Essay

Your essay should be a minimum of 2 complete pages, double-spaced, size 12 Arial font. Included in the essay should be why you chose to do NUCCA, how you learned about NUCCA, and any connections to NUCCA doctors that you may have. This is the minimum; please feel free to include anything else you feel is important to include in your essay.

50 % club attendance

Sign-in sheets will be provided by the student club officers and he/she will ensure these all get recorded and stored. It is suggested club officers print all sign-in sheets with all club date meetings and have another section for extra events that take place such as office visits, dinners, etc.

Lateral X-ray Image

To fulfill this section of the competency process you, the student, must meet with a senior NUCCA student first to demonstrate how to position a patient for a lateral x-ray. Upon completion of the lateral with a senior NUCCA student, you must also demonstrate proficiency with a NUCCA board certified doctor currently in good standing with the NUCCA

organization in order to be considered competent in taking lateral X-ray image. In conjunction with taking a lateral image, you must demonstrate competence in analyzing a lateral x-ray. A senior NUCCA student may ask several questions regarding the significance of the S-line and how it may relate to the adjustment or other X-rays. Upon completion of taking a mock X-ray and the analysis of the image, a signature is required as proof of completion of this portion of the proficiency processes.

Adjusting Phase 1-Approach & Adjusting Phase 2-Settleback

To fulfill this section of the competency process, you must meet with a board certified doctor and senior NUCCA student individually and explain the four steps to the approach phase and the purpose. You will explain and perform the steps for both Phase 1 and 2. If successfully completed both observers will sign your checklist and are required to submit for proficiency.

Head Piece

To fulfill this section of the proficiency process, you must meet with a board certified doctor and senior NUCCA student individually to explain how biomechanics of an atlas subluxation is corrected through proper use of the headpiece. Upon explaining it, you will be asked to write it out and both observers will sign the checklist which will be submitted for final proficiency.

Head Position

To fulfill this section of the proficiency process, you must meet with a board certified doctor and senior NUCCA student individually to describe the four locations to place patients head on the head piece. I.e.Center of gravity, lateral canthus, etc. You should be prepared to answer any questions regarding the numbers given to each location, etc. You will explain to both observers and have them sign your checklist, which will be submitted for final proficiency.

STUDENT PROFICIENCY LEVEL 2

Instructions:

Philosophical Essay

Write a two-page essay or more where you express your chiropractic philosophy and how you plan to use the NUCCA work either alone or in conjunction with other techniques, modalities, and/or with different age groups. Please touch on the Restoration Principle in this essay.

50 % club attendance

Sign-In sheets will be provided by the student club officers and he/she will ensure these all get recorded and stored. It is suggested to print all sign-in sheets with all club date meetings and have another section for extra events that take place such as office visits, dinners, etc.

Vertex X-ray

To fulfill this section of the proficiency process you must meet with a senior NUCCA student to demonstrate how to position a patient for a vertex X-ray. Upon completion of the vertex with a senior NUCCA student, you must also demonstrate proficiency with a NUCCA certified doctor currently in good standing with the NUCCA organization in order to be considered competent in taking vertex x-ray. In conjunction with taking a vertex image you must demonstrate proficiency in analyzing a vertex x-ray. You may be asked several questions regarding the significance of the transverse foramen line and how it may relate to the adjustment or other images. Upon completion of taking a mock x-ray and the analysis of the image, a senior NUCCA student and field doctor will sign off on completion of this portion of the proficiency processes.

Adjusting Phase 3-Turn In Through Phase 6-Conversion

To fulfill this section of the proficiency process, you must meet with the board certified doctor and senior NUCCA student at a different time and explain the four phases and the purpose. You will explain and write out the steps for the turn in, the arch, the conversion and all eight steps for the roll in. If successfully completed both observers will sign your checklist and this will be required to submit for proficiency.

Biomechanics for 4 types

To fulfill this section of the proficiency process, you must meet with a board certified doctor and senior NUCCA student at a different time to explain the 4 basic types and the corresponding biomechanics of each. Upon explanation, you will be asked to write them out and both observers will sign the checklist which will be submitted for final proficiency. You should be prepared to answer questions on how these biomechanics are corrected using the various head pieces which were mastered in Level 1.

Conference Attendance

To fulfill this section of the proficiency process, you will attend one NUCCA organization conference. All participants must sit through all classes at least but not limited to the basic courses. Continuing education sheets must be stamped at the same time as doctors sitting through the conference. This will be used as proof of class attendance and participation. 100% attendance is required. A receipt from the NUCCA conference is required as well. You are encouraged to apply for the scholarship offered to all students.

STUDENT PROFICIENCY LEVEL 3

Instructions:

50 % club attendance

Sign-In sheets will be provided by the club officers and he/she will ensure these all get recorded and stored. It is suggested to print all sign-in sheets with all club date meetings and have another section for extra events that take place such as office visits, dinners, etc.

Nasium X-ray

To fulfill this section of the proficiency process you must meet with a board certified doctor and a senior NUCCA student at a different time to demonstrate how to position a patient for a nasium x-ray. Upon completion of the nasium with a senior NUCCA student, you must also demonstrate proficiency with a NUCCA board certified doctor currently in good standing with the NUCCA organization in order to be considered proficient in taking nasium x-rays. In conjunction with taking a nasium x-ray you must demonstrate proficiency in analyzing a nasium x-ray. You should be prepared to answer several questions regarding the significance of C/A, head tilt, cervical angle, and APL and how it may relate to the adjustment or other x-rays. Upon completion of taking a mock x-ray and the analysis of the x-ray image, a senior NUCCA student and the observing doctor must sign off on completion of this portion of the proficiency processes.

Adjusting Phase 7-Triceps Pull & Phase 8-Pelvic Lever

To fulfill this section of the proficiency process, you must meet with a board certified doctor and a senior NUCCA student at a different time and explain the adjusting phases 7 and 8. You will explain and write out the steps for both Phase 7 and 8. If successfully completed both observers will sign your

checklist and this will be required to submit for proficiency. You should be prepared to answer any questions regarding adjusting phases 1-8.

Calculation Interpretation

To fulfill this section of the proficiency process, you must meet with a board certified doctor and senior NUCCA student at a different time and explain how to determine a listing from the different pieces of information from the different films. Both observers will sign the checklist which will be submitted for final proficiency. You should be prepared to answer any question regarding how you will approach the adjustment (high, low), which headpiece, etc.

Head Position for all 4 types

To fulfill this section of the proficiency process, you must meet with a board certified doctor and senior NUCCA student at a different time and explain the head position for all four types. Both observers will sign the checklist which will be submitted for final proficiency.

Fundraising event on Campus

To fulfill this section of the proficiency process, you must organize a fundraising event for the club either on campus or outside of the campus.

Conference

To complete this portion of the proficiency, you must attend a second NUCCA organization conference. You must sit through all classes at least but not limited to the basic courses. Continuing Education sheets must be stamped at the same time as doctors sitting through the conference. This will be used as proof of class attendance and participation. 100% attendance is required. The receipt from the conference is required as well. You are encouraged to apply for the scholarship offered to all students.

STUDENT PROFICIENCY LEVEL 4

Instructions:

50 % club attendance

Sign-In sheets will be provided by the club officers and he/she will ensure these all get recorded and stored. It is suggested to print all sign-in sheets with all club date meetings and have another section for extra events that take place such as office visits, dinners, etc.

All X-ray Images

To fulfill this section of the proficiency process you must meet with a board certified doctor on a student visit to demonstrate how to correctly analyze a set of NUCCA images within a 60-90 minute period. X-rays will be provided to you from the board certified NUCCA doctor. The NUCCA doctor must then sign-off on completion of this portion of the proficiency processes.

Senior Intern

You must provide proof that he/she is in the senior clinic (ie. Palmer AHC). The proof would include a signature from the student's staff doctor or a copy of transcript.

Clinic Visit

You must visit with two Board Certified doctors. This should include a morning or afternoon consisting of at least 3 hours with each doctor. After the visit you will write a one-page paper of the overall impression of the visit.

Conference

To complete this portion of the proficiency, you must attend your third NUCCA organization conference and sit through all classes in at least but not limited to advanced courses. Continuing education sheets should be stamped at the same time as doctors sitting through the conference. This will be used as proof of class attendance and participation. 100% attendance is required. The receipt from the conference is required as well. You are encouraged to apply for the scholarship offered to all students.

Teaching

To complete this portion of the proficiency, you must teach at least three hours at club lecture. Club officer signature is required as proof of competition.

Present a NUCCA Report of Findings

To complete this portion of the proficiency, you must present an example of a report of findings to the club with a mock patient using terms that the lay person will understand. Club officer signature is required as proof of competition.

l,	have completed the
requirements to be eligible for S	Student Proficiency Part I started
proficiency and co	mpleted it on at
College of Chiropractic. Attache	ed you will find the required documents to be
considered for this distinguishe	d proficiency.
A I	
Name:	
Addross	
Address:	
Phone:()	StudentSignature:
,	
Date:	Student Proficiency Checklist

NUCCA Club Sign-In Sheet

Trimester/QRT:	
Year:	

Student Name:	Tri/QRT:	E-mail	Working on Proficiency?
			Yes/No

Notes:			

Student Proficiency Checklist

Level 1

Student Name:		
Date Started: I	Date Completed:	
□ Essay describing how you came to do NUCCA. □ 50% club attendance		
Student President or Vice Presider	nt Signature:	
□ LateralX-ray positioning		
X-ray analysis		
 Describe the significance of t landmarks 	the S line and the various locations and	
 Head clamp placement 		
Date:	Signature:	
Date:	_ Signature:	
☐ Adjusting phases 1 and 2		

Date:	Signature:
Date:	Signature:
□ Describe headpiece and what	your purpose would be with each
Α	В
C	D
Date:	Signature:
Date:	Signature:
□ Describe position of head	
• 1-2-3-4	
Date:	Signature:
Date:	Signature:

Student Proficiency Checklist

Level 2

Student Name:	
Date Started:	Date Completed:
□ 50% club attendance	
Student President or Vice Presid	ent Signature:
□ Philosophy Essay □ Vertex	
X-ray positioning	
X-ray analysis	
Date:	Signature:
Date:	Signature:
□ Adjusting phases 3 - 6	
Date:	Signature:
Date:	Signature:

□ Describe the biomechanics of a	II 4 types:
• Type 1	
• Type 2	
• Type 3	
• Type 4	
Date:	_ Signature:
Date:	_ Signature:
 Attend one conference at Level confirmation of attendance) 	l 1 or higher (please attach receipt and
Date of Conference:	

Student Proficiency Checklist

Level 3

Student Name:	
Date Started:	Date Completed:
□ 50% club attendance	
Student President or Vice Preside	ent Signature:
□ NasiumX-ray positioning	
X-ray analysis	
Date:	Signature:
Date:	Signature:
□ Adjusting phases 7 - 8	
Date:	Signature:
Date:	Signature:

□ From all three x-rays, describe h	ow you would calculate the listing
Date:	_ Signature:
Date:	_ Signature:
□ Describe how to place a patient headpiece and which part of the	for all types by location of head on
headpiece to achieve final outcom	e
Date:	_ Signature:
Date:	_ Signature:
□ Set up event on campus to raise	money for research
Date of event:	
Signature from student services:	
□ Attend one conference at Level : confirmation of attendance)	1 or higher (please attach receipt and
Date of second conference:	

Student Proficiency Checklist

Level 4

Student Name:	
Date Started:	Date Completed:
□ Correctly analyze all 3 60-90 minute.	x-rays to a Board Certified Doctor on student visit,
Date: Bo	ard Certified Doctor Signature:
□ Must be a senior in cli	nic
Staff Doctor Signature:_	
□ Visit two Board Certif your impression and exp	ned NUCCA Doctors offices and write a page on perience
Date:	Board Certified Signature:
Date:	Board Certified Signature:

☐ Attend one conference at Level 2 confirmation of attendance)	2 or higher (please attach receipt and
Date of conference:	
□ Teach at least 3 hours a trimeste	er / quarter at club
Date:	_ Signature:
□ Present NUCCA ROF to club	
Date:	_ Signature:

SCHOLARSHIP OPPORTUNITIES



Funding Opportunities

Dr. Robert J. Goodman Memorial Scholarship

Dr. Goodman was a dedicated NUCCA practitioner who had a desire to support NUCCA beyond his years. Thus, the Dr. Robert J. Goodman Memorial Scholarship was established to support chiropractic students' members and practicing members in their first two years, to attend a NUCCA Conference. Dr. Goodman found great value in the NUCCA seminars and wants to ensure others new doctors and students have the same experience.

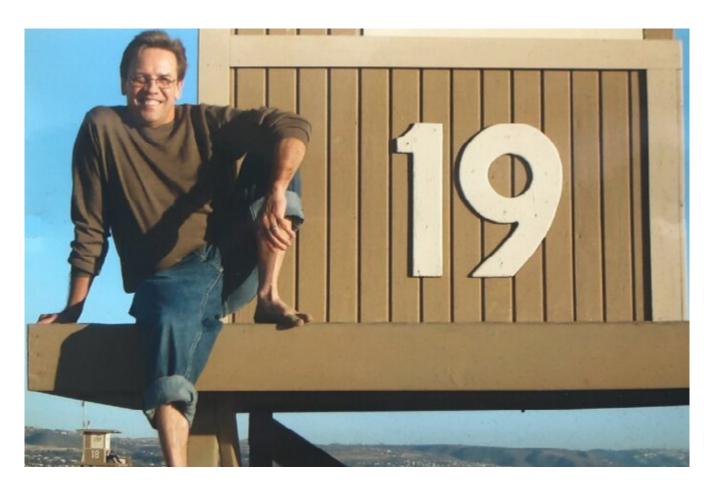
Dr. Goodman served as NUCCA President for 8 years, he was an Ambassador for NUCCA as well as an award recipient numerous times throughout his volunteer years serving the organization.

Scholarships will be awarded in the amount of \$500 per person/per seminar to cover the seminar fee and some meals.

Scholarship Criteria:

- 1. Must be a chiropractic student or doctor within their first two years of practicing.
- 2. Must submit application by the published deadline.

Dr. Glenn Cripe and Dr. Brian Cripe, with the help of Dr. Steve Nakano will select the scholarship recipients. These Drs. personally knew the heart of Dr. Goodman and are honored to award these scholarships in his name.



Click here to view the Scholarship Application

EVENTS



Conference Information

Vist our <u>website</u> for updated information on the NUCCA Spring & Fall Conferences.



















Ask Me Anything Sessions

Sessions, happening every fourth Wednesday of the Month

Events calendar

Settleback Sessions



Sessions, happening quarterly (excluding the months of the Spring and Fall NUCCA Conferences) at 6pm PST/8:00pm CS. Designed with students in mind, these sessions are not to be missed!

Click here to visit our website for an updated schedule.

Who should Attend?

- Students exploring career guidance
- Students considering NUCCA for diverse patient conditions
- STUDENTS!

