

Course Description and Course Goals

- The purpose of this workshop is to advance the attendees' proficiency in NUCCA biomechanics and adjusting.
- Attendees will gain clarity and confidence in the biomechanical evaluation and rationale for various misalignment patterns of the Atlas Subluxation Complex (ASC).
- A kinesthetic learning experience will be created to further develop the motor skill of the Triceps Pull Adjustment. Each attendee will better understand the mechanics of the adjustment, but also improve their own neuromuscular coordination for performing the motor skill.
- Attendees will practically apply their learning during this workshop to a specific case from their own practice.

Requirements

- Completion of Level 1 of the NUCCA certification process is a prerequisite to attend this workshop.
- Each attendee must submit the diagnostic imaging and case notes for a single case from their practice for advanced review and discussion during the workshop. The case must be submitted no later than 3 weeks prior to the date of the workshop.
- Prior to the workshop, each attendee must read the assigned pages of the NUCCA textbook.
- Prior to the workshop, each attendee must complete the quizzes (by email) as per the below schedule.

Resources

- The NUCCA Textbook

Course Schedule

Date	Required Assignments: to be completed prior to live workshop	
7/25/2024	Diagnostic imaging & case notes must be received	
7/28/2024	Biomechanics reading	

NUCCA Regional Workshop - Adjusting & Biomechanics

Intermediate / Advanced Levels

August 16 & 17, 2024

7/31/2024	Biomechanics QUIZ by email	
8/04/2024	Adjusting reading	
8/07/2024	Adjusting QUIZ by email	
Date	Workshop Schedule	Time
8/16/2024	Adjusting	2pm-4pm
8/16/2024	Biomechanics	4pm-6pm
8/17/2024	Review Cases / Biomechanics	8am-10am
8/17/2024	Adjusting	10am-12pm
8/17/2024	Lunch Provided	12pm-1pm
8/17/2024	Review Cases / Biomechanics	1pm-3pm
8/17/2024	Adjusting / Bringing it all together	3pm-5pm