



Spring 2024

NUCCA NEWS

NEWSLETTER OF THE NATIONAL UPPER CERVICAL CHIROPRACTIC ASSOCIATION - NUCCA

PRESIDENT'S Letter

The State Of NuCCA: Present And Future

As the President of NUCCA, I am fully aware of my responsibility toward our organization's future and the trust you, the members, have instilled in me. It is indeed an honor, and I am humbled by the support I have received. I feel obliged to share the vision the board has set for NUCCA. I also want to explain why I chose to work with the dedicated doctors and help in building NUCCA to bring it to the deserved status in the healthcare industry.

My Why: I had discussions with some of the most honorable and dedicated doctors I know about the possibilities NUCCA can bring to the world. It's not just about chiropractic results but also about creating awareness among people about their healthcare options. Most people are unaware of the options available to them

and end up undergoing needless surgeries, taking pain medications, or spending countless dollars on different therapies. Even the medical profession is not adequately informed about the alternatives available.

Our organization understands the immense benefits of correcting the ASC. However, much of the public, chiropractic colleges, mainstream chiropractors, and even medical doctors need to be made aware of the positive impact that reducing the ASC has on the overall balance of the body and its ability to address various other health conditions. I have seen this gap for many years, and therefore, instead of not participating, I decided to take up the NUCCA leadership role to help our organization achieve this vision. These wonderful colleagues asked if I would help them and the organization by joining them in helping to achieve this vision. How could I say no?

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The First Mission: After a very steep learning curve in understanding the workings of NUCCA, the organization, I identified three areas that needed to be addressed.

I was asked, "If NUCCA is so great, why wasn't it taught in any accredited chiropractic colleges?" I then realized there was low student attendance at NUCCA conferences. Because of low student participation, it was very difficult for successful, retiring NUCCA practitioners to pass on their practices due to a lack of qualified graduates. Therefore, the board decided to engage with various colleges to create an option for students to learn about NUCCA and consider it a viable choice for their future practice.

Our organization has been working hard to introduce NUCCA, a subluxation-based "Restoration-Principled" technique, in colleges and universities. We are in six colleges with clubs, and our doctors regularly speak on campuses about NUCCA.

Our college representatives are doing a fantastic job of promoting NUCCA while also supporting other techniques. Although the process is slower than anticipated, our doctors have the vision and persistence to ensure that NUCCA is included in the curriculum of these institutions. It is essential to show the colleges and students the benefits of NUCCA. We are making significant progress toward achieving this goal.

The Second Mission: Because time passes so quickly, I wanted to ensure that NUCCA is in the hands of dedicated, thoughtful, and knowledgeable doctors who can steer the organization in the right direction. To achieve this, the board is exploring ways to create a "Succession Plan" that will allow current leaders to mentor and educate those interested in serving the membership while preserving NUCCA's culture. This work is too important not to have a well-thought-out plan to bring the best doctors on board to lead our amazing organization into the future. If you're interested in any aspect of our leadership opportunities, please contact the NUCCA office.

The Third Mission: Like many other smaller nonprofit organizations, we often live paycheck to paycheck. For the future of NUCCA, we need to change this to ensure our growth and our meaningful position within the profession. You, the members of our organization, have been incredibly supportive regarding financial aid with your

contributions toward the Gregory Circle Memberships, Small Steps for Research, and the Bobby Goodman Scholarship.

We plan to introduce a planned giving opportunity that will allow you to contribute to NUCCA/UCRF's future at a level you are comfortable with. As the president, I want to assure you that this must be a "win-win" situation for everyone and not just a one-sided "give us your hard-earned money" request. To make this possible, we have engaged the services of Dana Holt Consulting, a consultant with expertise in planned gifts, and several of us have interviewed successful fundraisers. We are now beginning to see how we can all help make NUCCA financially stable for the future, which may also benefit you and your family.

It is evident that if you are unaware of how you can contribute to NUCCA and UCRF's future, you wouldn't even know of the opportunity to help. However, you will now have options not previously known to you, which can support NUCCA's future and benefit you. We will be presenting this opportunity soon, so stay tuned.

I am extremely eager to see NUCCA and UCRF thrive by accomplishing these three missions: Firstly, by reaching out to aspiring NUCCA doctors earlier in their college education to develop more high-quality practitioners. Secondly, ensure NUCCA's leadership is devoted and guided by the Restoration Principle. Finally, NUCCA is financially stable enough to conduct more educational programs at chiropractic schools and conferences, NUCCA research, and support future NUCCA goals.

Thank you all who have generously contributed your time and financial resources to NUCCA/UCRF.

I also encourage and thank those of you willing to step up and take on the exciting responsibility of leading NUCCA/UCRF toward a successful future by simply asking, "What can I do to help?". Please consider joining us as a leader within one of our remarkable organizations.

Sincerely,



Dr. Glenn Cripe, D.C.

President, NUCCA Board of Directors
NUCCA Board Certified

SPRING CONFERENCE Get registered Today!

We're looking forward to seeing our members and guests in Newport Beach in April! As you look ahead to Spring, don't forget to get registered for the Spring 2024 Conference.

Don't forget about these additional events taking place in Newport Beach!

Thursday Night – A Musical Journey Through NUCCA

Join us on Thursday, April 25th for an evening of pure enjoyment as we pay tribute to Dr. Gregory and the NUCCA organization through the magic of music. Experience the joy of various music genres that celebrate the NUCCA Legacy while sharing laughter and fun. Registration for this event can be selected during the online registration process. A nominal fee of \$35/person applies, with all proceeds going to supporting the NUCCA Student Education Fund. Students - add s can attend this event for Free!

Friday Night Baquet

Join us on Friday, April 26th for an evening of celebration and recognition!

You can sign up for this as part of your conference registration! Gregory Circle members & students attend for free.

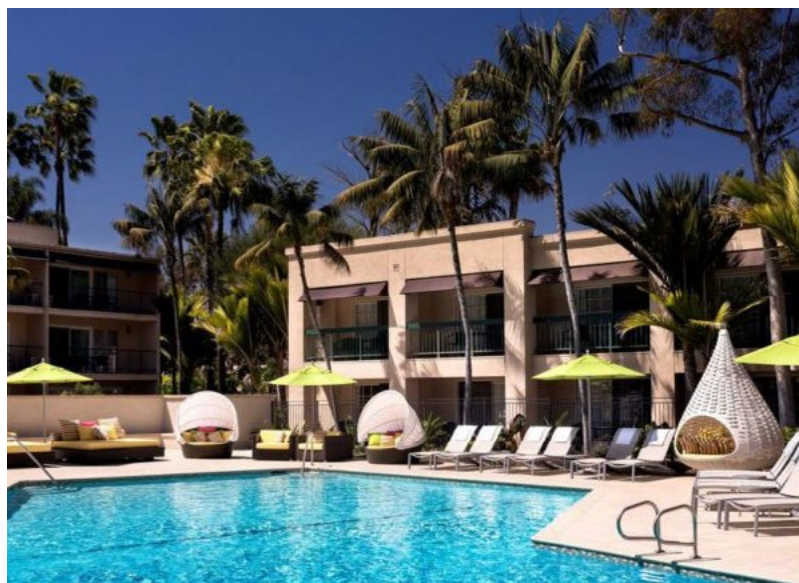
Mentorship & Career Fair

Each conference NUCCA hosts a mentorship and career fair in the hopes to connect any recent graduates or students with doctors that currently have internships, preceptorships, or associate positions available at their practice.

You can sign up for the Mentorship & Career Fair as part of your conference registration! All students and recent graduates seeking positions attend for FREE.

Hotel Information

Hyatt Regency Newport Beach
1107 Jamboree Road
Newport Beach, CA 92660



Hotel Reservations

Deadline is Tuesday, April 2nd, 2024 or until the block is sold out!

NUCCA has negotiated a discounted room rate of \$239 for single/double occupancy for standard King and deluxe view rooms for conference attendees. To reserve your hotel room, call (949) 729-1234 and mention NUCCA to receive the discounted rate, or [click here](#) to make your reservations online.

The following room types are also offered at the rates listed below and based on hotel availability.

Balcony View: \$254/night

Pool View: \$259/night

Bay View: \$289/night

Shuttle Information

Currently, the Hyatt Regency Newport Beach does not offer a shuttle service from the John Wayne-Orange County Airport. However, the hotel is a short 15-minute Lyft/Uber drive away. [Click here](#) to view the hotel's transportation details.

Conference Reminders for Students

Student essay contest

NUCCA's Education Committee would like to give our Student Members an opportunity to attend the conference on us! All Students Members attending the Spring 2024 Conference are welcome to submit an essay about 'What NUCCA Means to Me?' – please submit your essay to info@nucca.org by April 2, 2024. Our Education Committee will select one winner who will be notified at the start of conference.

Complimentary hotel rooms

NUCCA provides complimentary hotel rooms for Student Members during the conference on Wednesday, Thursday, and Friday night. If you are interested in taking advantage of one of the complimentary student rooms, please select this option when registering for the conference. The deadline to book a student hotel room is April 2, 2024.

Please note: Student rooms will have up to four students per room. No exceptions are able to be made at this time.

NUCCA 2024 SPRING CONFERENCE MEMBER VIDEO

We are putting together a member video that captures the essence of NUCCA through your eyes and experiences. We invite you to be a part of this project by sharing your cherished moments with your loved ones.

Whether it's a candid snapshot of a heartwarming family gathering, a joyful outing with friends, or a serene moment spent with your closest companions, we want to showcase the connections that enrich our lives as NUCCA members.

Here's how you can contribute:

- **Select Your Photos:** Choose high-resolution photos that encapsulate the essence of NUCCA, focusing on moments shared with your loved ones.
- **Submit Your Entries:** Email your selected photos to info@NUCCA.org by **Friday, April 5th, 2024**.

If you have any questions or need assistance with submitting your photos, please don't hesitate to reach out to us.

We look forward to seeing you at the Spring Conference!

DR. ROBERT J. GOODMAN Memorial Scholarship



Dr. Robert Goodman was a dedicated NUCCA practitioner who had a desire to support NUCCA beyond his years. Thus, the Dr. Robert J. Goodman Memorial Scholarship was established to support chiropractic students and first-year practicing doctors to attend a NUCCA Conference. Dr. Goodman found great value in the NUCCA seminars and wants to ensure others new doctors and students have the same experience. Dr. Goodman served as NUCCA President for 8 years, he was an Ambassador for NUCCA as

well as an award recipient numerous times throughout his volunteer years serving the organization. Scholarships will be awarded in the amount of \$500 per person/per seminar to cover the seminar fee and help cover some meals.

Scholarship Criteria:

- Must be a current NUCCA Student or Graduate Member to apply.
- Must submit application by the published deadline (April 2, 2024)

Dr. Glenn Cripe and Dr. Brian Cripe, with the help of Dr. Steve Nakano will select the scholarship recipients. These Drs. personally knew the heart of Dr. Goodman and are honored to award these scholarships in his name.

Help Fund a Scholarship

If you would like to honor Dr. Goodman and support one of these scholarship offerings, consider making a donation to the memorial fund. Please complete this form to make your donation: [Dr. Robert J. Goodman Memorial Scholarship Donation Form](#)

STUDENT CLUB Reminder

This serves as a reminder of NUCCA's ongoing commitment to supporting NUCCA Student Clubs at participating Universities and Colleges. If your NUCCA Student Club is planning an upcoming event focused on NUCCA or needs funding for NUCCA-related supplies or equipment, reimbursement is available!

NUCCA is prepared to reimburse up to \$500 per event/request, with a maximum annual limit of \$1,000 per University/College. Reimbursement will be granted upon the submission of receipts and a satisfactory report from the University/College. Approval will be processed within two (2) weeks of the event's conclusion or the purchase of supplies/equipment.

To initiate the reimbursement request, please click on the button below to access the form. Provide as much information as possible to ensure the NUCCA Board has everything needed to grant approval. [Request Form](#)

For any questions or assistance, please contact the NUCCA office at info@nucca.org.

If waiting for reimbursement poses a challenge for your club, kindly email the NUCCA office. We are happy to collaborate with you on alternative arrangements to ensure your club activities and expenses proceed as seamlessly as possible.

Thank you for your continued dedication to NUCCA, and we look forward to supporting your upcoming initiatives.

CALLING ALL PRECEPTORS!


Are you an experienced and dedicated Preceptor? If the answer is yes, we want to connect with you! NUCCA is currently in the process of assembling a comprehensive roster of its esteemed members who serve as Preceptors. Your valuable insights and contributions to the education and training of future NUCCA professionals are highly appreciated.

To be part of this initiative, kindly provide us with the following information:

- Name: Share your full name so we can properly acknowledge your involvement.
- State: Let us know the state in which you practice as a Preceptor.
- Colleges You Are an Approved Preceptor For.

Please take a moment to email your details to NUCCA at info@nucca.org.


Thank you for your commitment to NUCCA, and we look forward to hearing from you soon!



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Regional Workshops



January Workshop Recap

This year's regional workshop in the beautiful northwest was an incredible time. Drs. Lapenski and Sherwood had the opportunity to work through a large amount of one-on-one training with doctors from the US and Canada. The workshop included in depth kinesthetic and visual head piece positioning, advanced adjusting development, as well as advanced concepts in what factors may be limiting Subluxation reduction.

The evening ended with a dinner together for 18 at the Lapenski residence for all who could attend. A ping pong tournament made for lots of laughter and fun as well as a great time of learning. Attendees all shared their personal breakthroughs and repeat attenders suggested it may have been the best yet.

Please join us next time!

[Dr Craig Lapenski](#)



February Workshop Recap

The third Gregory Standard course, held from February 1-3 in Carefree, Arizona, lived up to its tagline, "Pathway to Mastery." A dedicated group of doctors from Canada and the USA convened for an intensive three-day educational experience guided by Dr. Marshall Dickholtz.

The curriculum delved into a fresh perspective on developing a powerful Triceps Pull adjustment essential for effectively reducing the Atlas Subluxation Complex, while also addressing mental barriers that may hinder performance. Attendees gained actionable strategies for their ongoing growth, paving the way toward NUCCA



Board Certification and beyond. This commitment to continuous development extends far beyond NUCCA's educational foundation.

A pre- and post-course survey revealed significant growth in all aspects of the adjusting process, with improvements exceeding 30% in understanding the adjustment and executing it with greater comfort, ease, and thoroughness for patients.

Various facets of NUCCA work were covered, including headpiece placement, biomechanics, resolving complex subluxations, and emphasizing the importance of maximal reduction of the ASC to achieve optimal outcomes for both practitioners and patients.

The Gregory Standard course's popularity and demand continue to surge, with each iteration evolving into a more effective platform for doctors dedicated to excellence in NUCCA care.



Systems and tools to help the upper cervical practice GROW

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tony@uppercervicalmarketing.com
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NUCCA CERTIFICATION Level Advancements

The NUCCA Certification Program is an integral part of Chiropractic education, training, and development. Becoming proficient in all aspects of x-ray positioning, x-ray analysis, biomechanics, patient evaluation, set up, and adjusting are essential to the reduction of the Atlas Subluxation Complex. Many of our members are currently in the process of their NUCCA certification, and we want to highlight those that have made advancements in the last quarter.

Congratulations to the following doctors for advancing in their process toward NUCCA Board Certification:

Completed Level 1 Candidacy

- Dr. Monica Lee
- Dr. Christopher Maxson

New this year, NUCCA has implemented payment installment plans for those doctors interested in engaging in NUCCA Certification. The installment plans are now set up and optional to select in the NUCCA store when signing up for NUCCA Certification.

Want to learn more about certification and how to get started? [Click here!](#)

NUCCA MEMBER CERTIFICATION Review Process

It was recently announced to members that the NUCCA Certification and Standards Committee will be returning to previous standards regarding continuing education. Just as there are requirements to attend one conference every two years to be listed as an active member on the directory, there are also requirements for submitting certification level competencies to remain active on the directory.

- **Level 1 Candidates** are required to submit films showing their present level of candidacy is being upheld by [May 31, 2024](#).
- **Level 2 and 3 Candidates & Board-Certified docs** are required to submit films showing their present level of candidacy is being upheld by [November 30, 2024](#).

Exemption: Doctors meeting either of the following criteria are not mandated to submit films for the MCRP:

- If you have successfully completed a specific level or component in their candidacy within the preceding six months.

- If you are fulfilling your submission requirement upon passing the subsequent submission for the next stage within the timeframe necessary for their MCRP.

Doctors can sign up for the Member Certification Review Process online via the NUCCA store. The fee is \$100. [Click here](#)

Doctors submitting films for the Member Certification Review Process can send them to any approved certification mentor. Doctors are required to show one set of pre/post images showing the qualities of the present candidacy level they have achieved in order to continue to be listed on the website with their certification credentials.

We are returning to our systems and structures to maintain our certification candidacy requirements for the Member Certification Review Process. We look forward to helping the patients of our communities find the most qualified help for their Atlas Subluxation Complex and continuing the strong brand recognition that NUCCA is known for.

UCRF Update

The Board of Directors for the Upper Cervical Research Foundation continues to be involved in a large number of projects to advance the awareness of the NUCCA spinal corrective procedure and its influence on health and physiology. As of late, we have a new member to our Board of Directors in Dr. Jose Portella. He has been actively involved with the board for a period of time and has been spearheading one of our key research priorities, which is the incidence of the Atlas Subluxation Complex in the population. More on this endeavor in the near future will be communicated. His research-oriented thinking and devotion to clinical excellence are a great resource for the team!

The revamping of the UCRF website continues to move forward as we look to not only update what is there but improve its functionality. A new platform has been utilized for this and the web developers hope to have a new version for us within the next few months to give feedback on.

Two pilot studies looking to validate the tools of NUCCA practitioners are underway. These studies are in the formation phase with the goal being to validate both the

Anatometer and the GSA. This will then dovetail with a posture related study in conjunction with NWHSU.

A fifty-year track record of looking scientifically at the NUCCA procedures and clinical alterations to physiology have our board recognizing the importance of housing and preserving that data. Often with a study there can be a multitude of papers that result from a particular data set. In an endeavor to catalogue much of our data, we have hired additional administrative management to help archive information from previous research projects. We are planning for not only online storage, but also physical storage sites to preserve the work that has been done. A tremendous amount of time and effort has been invested by so many over the years, and we want to preserve the legacy of our research and be able to build a greater foundation for more to be developed.

Thank you for your continued support to all our Gregory Circle members and all those who participated in Small Steps this year!

Dr. Craig Lapenski, President UCRF



**SMALL STEPS
TO SUCCESS**
Flexible Giving Program

SMALL STEPS 2023 WAS A SUCCESS!

Thank you to the numerous doctors and offices who participated in the 2023 Small Steps to Success Campaign. Each year this campaign brings in crucial funds for our UCRF NUCCA research by inviting patients to donate through their NUCCA doctor.

The 2023 campaign raised **\$7,800 USD and \$4,500 CAD**. If you participated last year, be proud of your efforts. And if you didn't, be sure to join us in November for the 2024 campaign.

2024 GREGORY CIRCLE Members

Gregory Circle Gold

- Dr. Kerry Johnson

Gregory Circle Silver

- Dr. Philip Arnone
- Dr. Benjamin Kuhn
- Dr. Michael Russamano
- Dr. Blair Schmaus

Gregory Circle Junior Silver

- Dr. Keith Denton
- Dr. Craig Lapenski
- Dr. Patrick Lin

Gregory Circle Senior Bronze

- Dr. Valeri Briski
- Dr. Kyle Murray

Gregory Circle Bronze

- Dr. Alan Barnes
- Dr. Justin Brown
- Dr. Greg Goffe
- Dr. Norris Golberg

- Dr. Jason Granger
- Dr. Jeremy Kerrigan
- Dr. Kyrie Kleinfelter
- Dr. Steven MacDonald
- Dr. Russill Mills
- Dr. David Packer
- Dr. Andrea Pritchett
- Dr. Julia Radwanski
- Dr. Jeffrey Scholten
- Dr. Kurt Sherwood
- Dr. Jayson Snyder

Gregory Circle Junior Bronze

- Dr. Marie Biek
- Dr. Jamie Cramer
- Dr. Christopher Dawson
- Dr. Stanley Dombroski
- Dr. Donald Erwin
- Dr. Vince Fitzpatrick
- Dr. Michael J. Foran DCCJP
- Dr. Traci Grandfield
- Dr. Patricia Gregg
- Dr. Clint Grover
- Dr. Shawn L Hall

- Dr. Scott Hansen
- Dr. Gordon Hasick
- Dr. Daiki shiyama
- Dr. Aaron Kiefer
- Dr. Christopher Maxson
- Dr. Terry McCoskey
- Dr. Jim Moore
- Dr. Reanna Plancich
- Dr. Kalan Stittleburg
- Dr. Jack Stockwell
- Dr. Ashleigh Street
- Dr. Shawn Thomas
- Dr. Gary Thomson
- Dr. Marcella Ziska

Get involved **WITH NUCCA AS A VOLUNTEER IN 2024!**

It's a new year and a great time to consider how you want to be involved with NUCCA. Our volunteer and staff supported committees have been going strong and bringing opportunities to engage current and potential NUCCA members through our Regional Workshops, Ambassador Programs, Settleback Sessions and more.

Our 2023 strategic initiative is to expand our presence in the Chiropractic colleges and connect with students. Perhaps this is an area where you could lend your skills or connections.

Have you enjoyed our programs? Or maybe you have ideas of how we can grow as an organization. Wherever your time and talents align, we would invite you to step-up and join a committee!

Please complete the form linked below to let us know how you'd like to get involved. We greatly value your membership, and we know your expertise and experience will make our organization even better.

If you know someone who might be great on a committee, please forward the link to them and invite them to step up too. Volunteer recruitment is handled on a rolling basis; we can always use more volunteers. NUCCA leadership looks forward to working with you!

[NUCCA Volunteer Form](#)

 NeckCare

Introducing **objective assessments** of the cervical spine to NUCCA Doctors

Objective data on cervical range of motion, proprioception, and movement control is essential when assessing concussion, dizziness, and balance patients.

Schedule your online demonstration of NeckCare™ today!



MEMORIALS Honoring Dr. Don Moon

SEPTEMBER 21, 1932 - DECEMBER 16, 2024

Dr. Donald K. Moon passed away in his home on December 16, 2024, at the age of 92. Upon graduating from the Palmer College of Chiropractic in 1953, Dr. Moon served his country in the Army, then established a practice in Fairborn, Ohio, in 1955. His passion for chiropractic and his tall stature made him a force to be reckoned with, both in the healthcare community and in political circles.

Dr. Moon held numerous positions in the Miami Valley Chiropractic Society, the Ohio State Chiropractic Society, and the Ohio Federation of Chiropractic Organizations. He was instrumental in the unification of the two state organizations where he served as charter president of the Ohio State Chiropractic Association for two terms. Over the years of service, he received the Chiropractor's Chiropractor Award, Chiropractor of the Year, President's Award, and most recently, in 2014, a Lifetime Achievement Award for his service to the Chiropractic profession.

Prior to 1975, the Ohio Medical Board regulated chiropractors as limited medical practitioners. During his tenure, and with the legislative efforts of many Ohio chiropractors, Ohio gained its own five-member Chiropractic Licensing board. Dr. Moon held several positions on this board including its presidency. His leadership was also instrumental in the formation of the Congress of Chiropractic State Associations (COCSA), where he served as the charter chairman for the first Congress, seeking to unite states' efforts to promote and protect chiropractic legislation in all 50 states.

His article published in the Upper Cervical Monograph, "The Flight from The Subluxation," was reprinted in the ACA Journal, the Texas Chiropractic Association Journal, and the Ohio State Chiropractic Association Journal. Gaining recognition for the importance of NUCCA (the upper cervical spine) and working on behalf of all chiropractors to secure their rightful place in the healthcare arena were his life's passion.

He is survived by his wife, Mary, daughter Deanne Benkert, son Dr. Mark Moon, and grandchildren Caroline Moon and Matthew Cass.

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