

Fall 2022

NUCCA NEWS

NEWSLETTER OF THE NATIONAL UPPER CERVICAL CHIROPRACTIC ASSOCIATION - NUCCA

PRESIDENT'S Letter

There has been a lot of action in the world of NUCCA! I would like to recap a few of the things our fellow doctors have been doing on behalf of NUCCA!

The Wave

Drs. Sherwood, Lapenski, Erwin, Plancich, Langley, Gill, Cho, both M. and C. Zabelin, and Kerrigan, all participated in the Wave at Life West. It was an eye-opening experience for those who hadn't been to a non NUCCA conference in a while! The experience only made them more excited and more proud of practicing NUCCA. Keeping it in the family, the sons of Drs. Erwin and Lapinski attended with their fathers and are very interested in getting into NUCCA! Once again, Dr Scholten was a speaker and did a terrific job as usual!

NUCCA was extremely well represented at Life West who greatly supports our vision. A big thanks to all who participated, and introduced more students to the value of practicing NUCCA.

Regional Workshops

Dr. Kerry Johnson gave an outstanding regional workshop to several NUCCA doctors in Minneapolis. He focused on level 3 doctors, and how to "Cross the Finish Line" regarding certification. The class was limited to only 10 doctors to ensure a personalized experience.

Dr. Dickholtz, Jr. conducted his course, "The Gregory Standard", where the doctors ranged from one year in practice to a number of fully certified doctors. He pulled out all the stops, making it a truly experiential event with multiple levels of learning. His course exceeded everyone's expectations!

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National Upper Cervical
Chiropractic Association

www.nucca.org

PRESIDENT'S Letter / cont. from page 1

It is in these regional workshops where all levels of doctors can get the individual attention needed to hone their skills and learn at an even faster rate.

Please also note how even the Certified Doctors continue learning by attending these workshops. The learning never ends!

NUCCA Equipment/tables

Tables, tables, tables! NUCCA has heard from a number of you, and you have been pointed in the right direction to attain the tables you wish.

I am sorry to report the standard scissor action table is currently still in discussion.

We are looking into another manufacturer that holds very good promise. This new vendor is working on having one or two tables present at the upcoming NUCCA Conference in Minneapolis.

The Lloyd table is another great option. Check out this table at lloydtable.com. If you are interested, please contact Lloyd tables directly.

Strategic Planning Retreat

Your Board of Directors and committee chairs will be meeting September 23-25 for the annual Strategic Planning Retreat. It is here where your Board plans for NUCCA's future. We will be discussing our educational process, student/NUCCA college development and in general, ways we can help the membership to be able to get even better corrections for your patients.

Fall Conference

We look forward to another outstanding conference in Minneapolis on October 27-29. A large turn out is anticipated, so register and make travel plans at your earliest convenience.

Thank you all for your continued support and your development in pursuing the reduction of the ASC.



Dr. Glenn Cripe, D.C.

President, NUCCA Board of Directors
NUCCA Board Certified

FALL CONFERENCE OCTOBER 27 – 29, 2022

Registration for the Fall 2022 Conference is open! We hope to see you all in Minneapolis, MN this October. If you're unable to travel, we do have a virtual option available as well. [Click here](#) to view full conference details and registration!

Thursday, October 27

NUCCA's Collegiality Committee is planning our annual UCRF fundraiser event for attendees! Please join us for an evening of fun, collegiality, and raising money for the dedicated research projects our colleagues are working on. You can RSVP yourself when you register for conference.

Friday, October 28

Career Fair

Have room for an internship, preceptorship, or associate? Join us over the lunch hour to promote any open positions you have at your practice. \$75 for Doctors / Free for students and Doctors practicing two years or less.

Banquet

Join us for an evening of celebration and recognition! Tickets are \$65/each and can be purchased when you register for the conference.

Hotel Information

Location

Hilton Minneapolis/St. Paul Airport Hotel
3800 American Boulevard East, Bloomington, MN 55425

Hotel Reservations

NUCCA has negotiated a discounted room rate for doctors planning to attend the conference in-person. Mention the group NUCCA at the time of reservation to receive the special group rate of \$144. Please make your reservations by Tuesday, October 4, 2022.

Call (952) 854-2100 to make your hotel reservation over the phone. [Click here](#) to make your hotel reservation online.

[Click here](#) for hotel shuttle service information.

FALL CONFERENCE OCTOBER 27 – 29, 2022

Student Section

Complimentary Hotel Rooms

NUCCA provides complimentary hotel rooms during conference for students on Wednesday, Thursday, and Friday night. If you are interested in taking advantage of one of the complimentary student rooms, please select this option when registering for conference. The deadline to book a student hotel room is by October 4, 2022.

Student Essay Contest

NUCCA's Education Committee would like to give our student members an opportunity to attend conference on us! All students attending the Fall 2022 Conference are welcome to submit an essay about 'What NUCCA Means to Me?' – please submit your essay to info@nucca.org by October 4, 2022. Our Education Committee will select one winner who will be notified at the start of conference.

Scholarship Opportunity

Students and recent graduates have the opportunity to submit a scholarship application for your Fall Conference registration. To view criteria and full information on the Dr. Robert Goodman Memorial Scholarship, please [click here](#). The deadline for submissions to info@nucca.org is October 6, 2022.



THE WAVE Chiropractic Conference at Life West

NUCCA was well represented at Life West's The WAVE!

It was immediately apparent that the NUCCA family holds a tight bond as we all gathered at some point at the NUCCA table and caught up on life and all things chiropractic and NUCCA.

It was equally rewarding to speak with other practitioners either doing other forms of upper cervical, traditional chiropractic, or speaking with students who are starting to explore techniques.



NUCCA STUDENT CLUB Reminder

This is a reminder that NUCCA wants to continue to support the efforts of the NUCCA Student Clubs at participating Universities and Colleges. If your NUCCA Student Club will be holding an upcoming event that is focused on NUCCA or needs to purchase NUCCA supplies or equipment, you can be reimbursed!

NUCCA will reimburse up to \$500 per event/request (\$1,000 calendar year max per University/College). Reimbursement will be granted and approved upon submission of receipts and satisfactory report from the University/College within two (2) weeks of event conclusion or purchase of supplies/equipment.

Please [click here](#) to access the form. Provide as much information as you can to ensure the NUCCA Board has everything they need to grant approval.

Questions? Please contact the NUCCA office at info@nucca.org.

STUDENT AFFAIRS TASK FORCE

How many of you would like to see NUCCA membership doubled in the next few years? I know we would! Our reach would be far greater and the impact on people's lives around the world would be much stronger if this were the case. So how do we accomplish this? Well, this is where the Student Affairs Task Force comes in. There is no doubt that the future and growth of NUCCA is rooted in the students so the purpose of this task force is to educate, engage, cultivate, and transition passionate students into strong restoration based NUCCA doctors. This starts by creating awareness of NUCCA on the campuses and culminates in inspiring the students to create clubs, fight for electives, and attend the seminars. We will be engaging students on many fronts as well as creating relationships with members of the schools' faculty. This cannot be done without your help!

We will be developing teams of doctors who are in the vicinity of these schools to participate in lunch time talks, teach at the NUCCA club, participate in zoom calls, and as we progress, teach the NUCCA electives. We understand that you all have busy practices so this cannot thrive as a one or two man/woman team. We are so very grateful to those of you who have been taking this task on individually through sheer tenacity and a desire to further NUCCA. You are the boots on the ground and we want you to know that the calvary is coming!

If you are unable to travel to the schools we can still use your help. If you are interested in helping with this massive endeavor please email Drs. Kevin Leach (kevinleachdc@gmail.com) or Brian Cripe (drbrian.nucca@gmail.com) and we can get you plugged in.

If you have any contacts at any school (students or faculty) that would be good leads, PLEASE email us as well. Every bit helps (*cue the Sarah McLaughlin song from that dog commercial*).

- Cleveland Chiropractic Kansas City: Overland Park (492 students)
- D'Youville College: Buffalo, NY (3,097 students)
- Keiser University: Fort Lauderdale, FL (19,633 students)
- Life University: Marietta, GA (2,917 students)
- Life West: Hayward, CA (198 students)
- Logan: Chesterfield, MO (1,389 students)
- National University of Health Sciences: Lombard, IL (387 students)
- Northeast College of Health Sciences: Seneca Falls, NY (893 students)
- Northwestern Health Sciences: Bloomington, MN (923 students)
- Palmer: Davenport, IA (1,176 students)
- Parker University: Dallas, TX (979 students)
- Sherman College of Chiropractic: Spartanburg, SC (439 students)
- Southern California University of Health Sciences: Whittier, CA (124 students)
- Texas Chiropractic College: Pasadena, TX (323 students)
- University of Bridgeport: Bridgeport, CT (3,536 students)
- University of Western States: Portland, OR (926 students)

These are only the schools in the US and barely any of these schools have a club or any representation of NUCCA. That's 37,432 students who need to know about NUCCA. Let's spread the word!

REGIONAL WORKSHOP RECAP The Gregory Standard

The Gregory Standard course was a remarkable experience for all that attended. During the course a whole range of topics were covered focusing primarily on the roll-in and triceps pull. Looking at the work from Dr. Gregory's perspective of commitment to the maximal reduction of the Atlas Subluxation Complex from the context of integrity and discovery. The entire group supported one another where certified doctors were working on their skill sets side by side with candidates engaged in the certification process. All participants reported literally life changes regarding their adjusting performance and view of what's possible in their life and the NUCCA work. Take a look at some testimonials from the workshop below.

"I don't have enough room to elaborate on the vast benefits I got from this course. I would share... Don't miss the next one!"
- Dr. McCully

"This class has helped me with multiple breakthroughs and encouraged me to complete certification. It helped me understand the triceps pull which is the most important part of the correction. I wish we had a week to work on this"
- Dr. Erhardt

"The Gregory Standard course was transformative in that I'm able to open my mind up to thinking beyond the steps of the adjustment and thinking about how it all fits together as a whole. I experienced using my intuition and not just trying to duplicate a series of steps that have been taught in class."
- Dr. Drummond

"No matter what level of certification or how many years of NUCCA experience you had, everyone came into the course at an equal playing field. I felt supported and never judged – which is so helpful in my learning process. It left me in a state of wonder!"
- Dr. Fisk



REGIONAL WORKSHOP RECAP Crossing the Level 3 Finish Line

The workshop hosted by Dr. Kerry Johnson was attended by six doctors. Friday evening was hosted at the Johnson's house and was a very open and transparent conversation about the ups and downs of level 3 certification. Each doc shared about their certification journey with lots of opportunity for encouragement and spurring one another on toward the finish line.

On Saturday, the workshop was hosted at Johnson Spinal Care - Savage, the clinic led by Dr. Chris Whitney. We introduced two chiropractic students from Northwestern Health Sciences University to their very first NUCCA spinal correction.

The objective was to demonstrate how to achieve a certification level correction on both patients. Of course, the patients presented with unusual and difficult patterns of subluxation. Dr. Johnson was able to work the group through all aspects of the ASC reduction with lots of thoughtful group interaction. It was a true collegial experience. One doctor shared, "it was so terrific to be with a wonderful group of like-minded people!"

Later Saturday we enjoyed an afternoon on Dr. J's pontoon, dinner lakeside, and an evening by the fire. Dr. Johnson looks forward to all of these fine doctors achieving NUCCA board certification!



REGIONAL Workshops

Save the date for an upcoming NUCCA Regional Workshop next January hosted by Drs. Lapenski and Sherwood. This is the third year that this workshop has been offered. Keep reading for more information on this workshop or check out full details on the NUCCA website. Plan ahead and reserve your spot today!

Practical Adjusting Development

Join Drs. Craig Lapenski and Kurt Sherwood for this one-day workshop of practical adjusting development as well as working through cases. Attendees should expect to hone their adjusting skills as well as develop a greater expertise in biomechanics, headpiece placement, and nuances in reducing the Atlas Subluxation Complex. Space is limited to maximize benefit to 16 attendees.

[Registration & Full Regional Workshop Details Here](#)

When: Saturday, January 14, 2023

9:00 am – 5:00 pm (*Lunch will be provided followed by dinner and fellowship.*)

Location: 10305 196th St. Ct. E., Suite F
Graham, WA 98338

Instructors: Dr. Craig Lapenski, NUCCA Board Certified
Dr. Kurt Sherwood, NUCCA Board Certified

Registration: \$400/person

Space is limited to maximize the benefit of 16 registrants.

RECAP OF THE GLENN CRIPE SETTLEBACK SESSION

New NUCCA president, Dr. Glenn Cripe, hosted the latest Settleback Session on August 11th. The Collegiality Committee asked Dr. Cripe to speak to give the NUCCA community a chance to get to know him more and have an opportunity to ask some questions. He discussed his vision for the NUCCA organization as a whole, a little bit about his history with chiropractic, his passion for increasing membership and membership engagement, and a call to action for doctors to help raise up the next generation of NUCCA doctors. One of his biggest priorities discussed

is the continual development of NUCCA presence on chiropractic college campuses. He discussed the need for resources (both equipment and doctors), but also the need for a development of proficiency programs within those colleges. He also mentioned one of NUCCA's ongoing priorities of completing online modules for the basics of NUCCA that can serve as a tool in the training of NUCCA and will be available to membership as a whole. Overall, it was a great discussion and was a fun time to get to know the new president!

2022 ANNUAL SMALL STEPS CAMPAIGN *Save-the-Date*

This annual "Small Steps to Success Flexible Giving Campaign" is an important part of UCRF. Every year, in the month of November, we raise awareness and financial resources to support our ongoing UCRF research. To see the benefits of the prior investments and significant efforts put forward by the organization since 1971, please visit the [UCmonograph.org](https://ucmonograph.org) website.

Once again, this November, we'll be launching our Small Steps to Success campaign, and we would love for you to participate. Watch for additional details and resources for this year's campaign coming soon!



DR. ROBERT J. GOODMAN Memorial Scholarship

Dr. Robert Goodman was a dedicated NUCCA practitioner who had a desire to support NUCCA beyond his years. Thus, the Dr. Robert J. Goodman Memorial Scholarship was established to support chiropractic students and first-year practicing doctors to attend a NUCCA Conference. Dr. Goodman found great value in the NUCCA seminars and wants to ensure others new doctors and students have the same experience. Dr. Goodman served as NUCCA President for 8 years, he was an Ambassador for NUCCA as well as an award recipient numerous times throughout his volunteer years serving the organization. Scholarships will be awarded in the amount of \$500 per person/per seminar to cover the seminar fee and help cover some meals. Scholarship Criteria:

1. Must be a chiropractic student or first-year practicing doctors
2. Must submit application by October 6, 2022, Dr. Glenn Cripe and Dr. Brian Cripe, with the help of Dr. Steve Nakano will select the scholarship recipients. These Drs. personally knew the heart of Dr. Goodman and are honored to award these scholarships in his name.



Help Fund a Scholarship

If you would like to honor Dr. Goodman and support one of these scholarship offerings, consider making a donation to the memorial fund. Please complete this form to make your donation: [Dr. Robert J. Goodman Memorial Scholarship Donation Form](#)

NUCCA CERTIFICATION Level Advancements

The NUCCA Certification Program is an integral part of Chiropractic education, training, and development. Becoming proficient in all aspects of x-ray positioning, x-ray analysis, biomechanics, patient evaluation, set up, and adjusting are essential to the reduction of the Atlas Subluxation Complex. Many of our members are currently in the process of their NUCCA certification, and we want to highlight those that have made advancements in the last quarter.

Congratulations to the following doctors for advancing in their process toward NUCCA certification:

Dr. Bryan Salminen – Level 3 Certified

Dr. Madison Vanata – Level 3 Certified

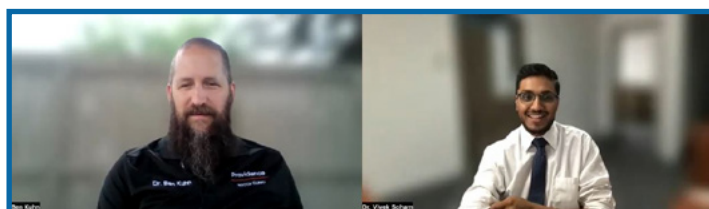
Dr. Norris Golberg – Level 2 Certified

Dr. Christopher Maxson – Level 2 Certified

Want to learn more about certification and how to get started? [Click here!](#)

UCRF RESEARCH UPDATE Interview

The UCRF Board is putting together a series of video interviews that give practical guidance and ideas on various topics related to our work as NUCCA doctors. [Click here](#) to view the first in the series, an interview with Dr. Kuhn & Dr. Soham discussing data collection for NUCCA offices.



NUCCA VOLUNTEER SPOTLIGHT: Dr. Luke Roller

1. How long have you been a member of NUCCA?

I became a member in 2017.

2. What has been your involvement in NUCCA?

I first helped lead the NUCCA club at Life West for my final year at LCCW. Then I joined the NUCCA store committee during the fall 2018 conference.

3. Please share what inspired you to pursue Chiropractic and more specifically NUCCA.

In high school, I knew I wanted to serve others in some capacity. After witnessing a family member have repeated encounters with the medical community, I decided that was not the path I wanted to pursue. From there, I chose to pursue chiropractic and soon after discovered NUCCA. After some more reading, I knew that is what I would dedicate my years of practicing to learning.

4. What's been your most rewarding experience about being a NUCCA doctor?

Simply having the privilege to join with individuals as they embark on their health journey is a very rewarding experience.

5. What do you love about the NUCCA organization/community?

I enjoy how the pursuit of excellence is the standard set for the individual practitioner. Also, how the community spurs each other on to achieve their best.

6. In your vision, how do you see NUCCA evolving over the next 10 years?

Seeing a broader reach within the chiropractic schools as well as a strengthened support system for recent graduates.

7. What do you hope to achieve for NUCCA and the community with your volunteerism?

My desire is to serve my community by continuing to learn and grow as a practitioner and to then translate that over to serving others within the NUCCA community.

8. Who is your role model?

My parents have been great models for me of lives that are centered on serving others and bettering the lives of those around you.

9. What was your last good read?

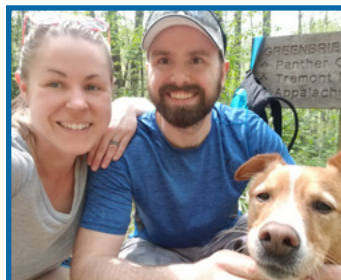
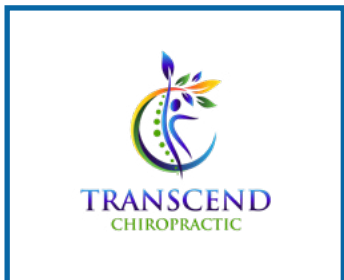
Anatomy of an Epidemic and The War on the West



MEMBER UPDATES

Dr. Leigh Davis

Dr. Leigh Davis and her husband bought their first house! They moved from Illinois to Knoxville, TN. They also opened their own NUCCA office in Knoxville: Transcend Chiropractic.



Have you seen our new NUCCA shirts?

We launched these at Spring Conference, and they were a hit, so we are now selling them through our NUCCA Store.

Click here to order yours today!



2022 GREGORY CIRCLE Members

Gregory Circle Gold

- Dr. Kerry Johnson

Gregory Circle Silver

- Dr. Philip Arnone
- Dr. Benjamin Kuhn
- Dr. Blair Schmaus
- Dr. Jeffrey Scholten
- Dr. Joshua Stockwell

Gregory Circle Junior Silver

- Dr. Jamie Cramer
- Dr. Keith Denton
- Dr. Craig Lapenski
- Dr. Patrick Lin
- Dr. Ashleigh Street
- Dr. Lee Yardley

Gregory Circle Senior Bronze

- Dr. Bradley Kennedy
- Dr. Michael Russamano
- Dr. Shawn Thomas

Gregory Circle Bronze

- Dr. Valeri Briski
- Dr. Justin Brown
- Dr. Stanley Dombroski
- Dr. Donald Erwin
- Dr. Vince Fitzpatrick
- Dr. Greg Goffe
- Dr. Jason Granger
- Dr. Sarah Johnson
- Dr. Phil Kanwischer
- Dr. Kyrie Kleinfelter
- Dr. Steven MacDonald
- Dr. Aurora Ongaro
- Dr. Reanna Plancich
- Dr. Julia Radwanski
- Dr. Luke Roller
- Dr. Kurt Sherwood
- Dr. Jayson Snyder

Gregory Circle Junior Bronze

- Dr. Jonathan Chung
- Dr. Natalie Dabrowny

- Dr. Christopher Dawson
- Dr. Michael Foran
- Dr. Patricia Gregg
- Dr. Clint Grover
- Dr. Shawn L Hall
- Dr. Scott Hansen
- Dr. Gordon Hasick
- Dr. Jeff Hedrich
- Dr. Brittany Holliday
- Dr. Daiki Ishiyama
- Dr. John Kowalczyk
- Dr. Jordan Landholm
- Dr. Terry McCoskey
- Dr. Matthew McNally
- Dr. Jim Moore
- Dr. Jordan Peel
- Dr. Barbara Read
- Dr. Finley Sesker
- Dr. Kalan Stittleburg
- Dr. Jack Stockwell
- Dr. Gary Thomson
- Dr. Marcella Ziska

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