

NUCCANEWS

NEWSLETTER OF THE NATIONAL UPPER CERVICAL CHIROPRACTIC ASSOCIATION - NUCCA

Spring Conference @ A Glance - Get Registered Today!

We're looking forward to seeing our members and guests in Newport Beach in May! As you look ahead to Spring, don't forget to get registered for the Spring 2022 Conference. We are excited to provide both an in-person and virtual option again this year.

Don't forget about these additional events taking place in Newport Beach!

- Thursday Evening Settleback Event NUCCA's Collegiality Committee is planning a social event for attendees on Thursday evening of conference. You can RSVP yourself when you register for conference.
- Friday Night Banquet
 Join us on Friday, May 13 for
 an evening of celebration and
 recognition! You can sign up for this
 as part of your conference registration!
 Gregory Circle members & students
 attend for FREE.

- Career Fair In Person & Virtual
 Each conference NUCCA hosts a career fair in the hopes to connect any recent graduates or students with doctors that currently have internships, preceptorships, or associate positions available at their practice. You can sign up for the Career Fair as part of your conference registration! All students and recent graduates seeking positions attend for FREE.
- Annual Member Meeting
 The 2022 NUCCA Annual Member
 Meeting (NUCCA Business Meeting)
 will take place as part of the 2022
 Spring Conference on Friday, May
 13 from 4:00 6:00pm. At this time,
 only in-person attendees will be able
 to participate at the Annual Member
 Meeting. No additional registration is
 required.

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SPRING CONFERENCE @ A GLANCE - Get Registered Today!

HOTEL INFORMATION

Hyatt Regency Newport Beach 1107 Jamboree Road, Newport Beach, CA 92660

Hotel Reservations

Deadline is Tuesday, April 12, 2022 or until the block is sold out!

NUCCA has negotiated a discounted room rate of \$153 for single/double occupancy for standard King and deluxe view rooms for conference attendees. To reserve your hotel room, call (949) 729-1234 and mention NUCCA to receive the discounted rate, or <u>click here</u> to make your reservations online.

The following room types are also offered at the rates listed below and based on hotel availability.

Balcony View: \$163/night Pool View: \$168/night Bay View: \$193/night **Shuttle Information**

At this time, the Hyatt Regency Newport Beach does not offer a shuttle service from the John Wayne-Orange County Airport. However, the hotel is a short 15 minute Lyft/Uber drive away. <u>Click here</u> to view the hotel's transportation details.

Click here to Register

STUDENT SECTION

Student Essay Contest NUCCA's Education Committee would like to give our student members an opportunity to attend

conference on us!



All students attending the Spring 2022 Conference are welcome to submit an essay about 'What NUCCA Means to Me?' – please submit your essay to info@nucca.org by April 12, 2022. Our Education Committee will select one winner who will be notified at the start of conference.

Complimentary Hotel Rooms

NUCCA provides complimentary hotel rooms during conference for students on Wednesday, Thursday, and Friday night. If you are interested in taking advantage of one of the complimentary student rooms, please select this option when registering for conference. The deadline to book a student hotel room is by April 12, 2022.

Please note: Student rooms will have up to four students per room. No exceptions are able to be made at this time.

Click here for Full Conference Details

DR. ROBERT J. GOODMAN Memorial Scholarship

Dr. Goodman was a dedicated NUCCA practitioner who had a desire to support NUCCA beyond his years. Thus, the Dr. Robert J. Goodman Memorial Scholarship was established to support chiropractic students and first-year practicing doctors to attend a NUCCA Conference. Dr. Goodman found great value in the NUCCA seminars and wants to ensure others, new doctors, and students have the same experience.

Dr. Goodman served as NUCCA President for 8 years, he was an Ambassador for NUCCA as well as an award recipient numerous times throughout his volunteer years serving the organization.

Scholarships will be awarded in the amount of \$500 per person/per seminar to cover the seminar fee and help cover some meals.

HOW TO APPLY:

Scholarship Criteria:

- Must be a chiropractic student or doctor within their first two years of practicing
- Must submit application by the published deadline (April 12, 2022)



Applications will be reviewed by a task force of current NUCCA members, and recipients will be notified after the deadline.

Click here to fill out an application!

REGIONAL WORKSHOP Recap

This year's regional workshop in the beautiful northwest was an incredible time. Drs. Lapenski and Sherwood had the opportunity to work through a large amount of one-on-one training with doctors representing 7 states and Canada. The workshop included in depth kinesthetic and visual head piece positioning, advanced adjusting development, as well as advanced concepts in what factors may be limiting Subluxation reduction.

The evening ended with a dinner together for 19 at the Lapenski residence for all who could attend. Ping Pong and Foosball tournaments made for lots of laughter and fun as well as a great time of learning. Attendees commented on "personal breakthrough" and enjoyed the family like environment.







REGIONAL WORKSHOP Save the Date

Looking to attend a regional workshop? We're looking forward to welcoming members to Minnesota in the summertime for our next workshop. Registration will open soon, for now Save the Date for Dr. Kerry Johnson's Regional Workshop!

Crossing the Level 3 Finish Line

Don't miss out on this two-day workshop to hone in on the level 3 NUCCA certification process. Registrants must have passed level 2 certification and be actively engaged in level 3. Space is limited to maximize benefit to 10 attendees.

Date:

Friday, August 12 – Sunday, August 14, 2022

Location:

Johnson Spinal Care & Associates 8678 Eagle Creek Circle Savage, MN 55378

Instructors:

<u>Dr. Kerry Johnson,</u> <u>NUCCA Board Certified</u>

Registration:

Click here to register!



NUCCA CERTIFICATION LEVEL Advancements

The NUCCA Certification Program is an integral part of Chiropractic education, training, and development. Becoming proficient in all aspects of x-ray positioning, x-ray analysis, biomechanics, patient evaluation, set up, and adjusting are essential to the reduction of the Atlas Subluxation Complex. Many of our members are currently in the process of their NUCCA certification, and we want to highlight those that have made advancements in the last quarter.

Congrats to the following doctors for advancing in their process towards NUCCA certification:

Dr. Hannah Orem – NUCCA Board Certified

Dr. Levi Colt Wainwright – NUCCA Board Certified

Dr. Monica Lee - Level 1 Certified

Dr. Christopher Maxson – Level 1 Certified

Want to learn more about certification and how to get started? Click here!

NUCCA VOLUNTEER SPOTLIGHT QUESTIONNAIRE: Dr. Barbara Read

- 1. How long have you been a member of NUCCA?

 I have been a member of NUCCA for 24 years. I joined in 1997.
- 2. What has been your involvement in NUCCA?

 I started assisting Dr. Dickholtz, Sr. in 1999 when he taught the NUCCA elective at Palmer. I've been active with teaching ever since. I've been on the Education Committee for at least 10 years. Since earning my Board Certification in 2008, I have mentored other doctors going through Certification and attended many Standards and Certification meetings.
- 3. Please share what inspired you to pursue Chiropractic and more specifically NUCCA.
 When I'm asked this question, my first response is "divine intervention". Mine was not a straight or predictable path.

I went into Chiropractic because of the experiences I'd had under segmental care. My first adjustment was after a whiplash injury from a rollercoaster. It was "Palmer Package" care and it gave me tremendous relief. I loved the philosophy of removing interference allowing the body to heal on its own.

My passion for Upper Cervical Specific started as a student at Palmer, around 5th trimester. I was frustrated with frequent adjustments and the "pain based" care I was witnessing and experiencing. Around that same time, a friend encouraged me to try experiencing and learning the Atlas Orthogonal Technique. I loved what it did for my health and what I was seeing with my clinic patients. I loved the philosophy and the accuracy.

Facing graduation I knew I wanted to associate with an established doctor and had an opportunity to interview with Dr. Dickholtz, Sr. I never thought he would hire me since I wasn't trained in NUCCA, but I wanted to meet this legendary doctor. I told him that I could probably take his films but he would have to teach me everything else. There is no reason he should have hired me, but he had such a passion for this work that he took a chance. His enthusiasm was contagious and I fell in love with NUCCA very quickly. I'm still in love with NUCCA and can't imagine doing anything else.

4. What was your experience during the first phase of your NUCCA career? Places you practiced, etc. I was Dr. Dickholtz, Sr.'s associate for three years. I stayed in his practice for another 2 ½ years but was only seeing my patients. In 2003 my husband and I moved to Ames Iowa to get closer to our families and start one of our own. I opened my practice in October, 2003 and have been here ever since.

NUCCA VOLUNTEER SPOTLIGHT QUESTIONNAIRE: Dr. Barbara Read

5. What's been your most rewarding experience about being a NUCCA doctor?

Hands down, witnessing the incredible ability of our body to heal and repair itself. It is such a gift to have our "ordinary day at the office" filled with extraordinary stories of healing. I feel so blessed to be able to work with the human body in this profound way.

6. What do you love about the NUCCA organization/community?

This is a long list, but to keep it brief, the NUCCA community is full of doctors who are full of integrity. There are so many examples of doctors who give back to this organization in such a selfless way. Their only payoff is to see other doctors get better at the work. We are dedicated to improving how this work is taught and to making sure that what we are teaching is reproducible and reliable. Is it perfect? I can't think of an organization that is. But the energy put into this organization to keep it improving and thriving is extraordinary. Plus, we have events like the "Settleback Brewery", karaoke, Ambassador's meetings, morning prayer meetings and so many other social events that create wonderful memories and togetherness.

7. In your vision, how do you see NUCCA evolving over the next 10 years?

I see NUCCA more present in the Chiropractic colleges and universities. NUCCA will be accessible to any Chiropractic student or doctor who wants it. More students and doctors will want to learn it because of the research that has been released showing its power and place in our healthcare system. Our system of education will continue to be of the highest quality, incorporating online technology so as to make it accessible to more doctors and students.

Other health care providers will be more aware of NUCCA and seek out quality NUCCA doctors as an important tool in the care of their patients.

8. Tell us about your family.

I have been married to my husband, Tim, for 20 wonderful years. We have four children, 3 boys and 1 girl. They are ages 17, 14, 12 and 10. They have all attended multiple NUCCA conferences as infants, but not so



sure about their future attendance. Time will tell.

9. Share with us an interesting or fun fact about yourself.

I am an active mother to my children. When not in the office you could find me coaching a FIRST LEGO League team, camping with my scouts, chairing a school board meeting, cheering on various sporting events, watching a band concert or getting the crew outside for a hike. I love having a life full and busy with so many wonderful opportunities.

BLAIR EVENT: How to Read CBCT For The Chiropractic Practice

HOW TO READ CBCT FOR THE CHIROPRACTIC PRACTICE

April 23-24 and May 7-8 | 9:00am - 2:00pm EST 18 CE Credits Available

In this course we will be covering normal anatomy as well as pathology of the Skull,TMJ, Airway, CCJ, and Cervical Spine.

This virtual conference is presented by the ICA Council on Upper Cervical Care & the Blair Society *CE credits are available through Sherman College of Chiropractic.

Oral and Maxillofacial Radiologist Dr. Dana Tamimi brings in a functional perspective and understanding of the craniofacial complex and how it interacts with not only itself, but also with the rest of the human body. Dr. Tyler Evans and Dr. Randy Culig brings expertise of the Cranio-Cervical Junction (CCJ) and how to analyze CBCT for the Chiropractic Practice.

For full event details and to register for this event, click here!



ICA UPPER CERVICAL COUNCIL The Forum 2022



June 10 – June 11, 2022 Marietta, GA

Come join the Council on Upper Cervical Care this summer in Marietta, Georgia for a weekend of upper cervical discourse and technique workshops. The Forum will provide up to 12 hours of CE. Brought to you by the ICA, this conference will bring world-leading Upper Cervical Chiropractors from across the globe to take part in one of the ICA's largest events for the advancement of the Upper Cervical care.

For full event details and to register, click here!



2022 GREGORY CIRCLE Members

Gregory Circle Silver

- Philip Arnone
- Kerry Johnson
- Benjamin Kuhn
- Blair Schmaus
- Jeffrey Scholten
- Joshua Stockwell

Gregory Circle Junior Silver

- Jamie Cramer
- Keith Denton
- Craig Lapenski
- Patrick Lin
- Ashleigh Street
- Lee Yardley

Gregory Circle Senior Bronze

- Bradley Kennedy
- Michael Russamano
- Shawn Thomas

Gregory Circle Bronze

- Valeri Briski
- Justin Brown
- Stanley Dombroski

- Donald Erwin
- Vince Fitzpatrick
- Greg Goffe
- Jason Granger
- Sarah Johnson
- Phil Kanwischer
- Kyrie Kleinfelter
- Steven MacDonald
- Aurora Ongaro
- Reanna Plancich
- Julia Radwanski
- Luke Roller
- Kurt Sherwood
- Jayson Snyder

Gregory Circle Junior Bronze

- Jonathan Chung
- Natalie Dabrowny
- Christopher Dawson
- Michael Foran
- Patricia Gregg
- Clint Grover
- Shawn L Hall

- Scott Hansen
- Gordon Hasick
- Jeff Hedrich
- Brittany Holliday
- Daiki Ishiyama
- John Kowalczyk
- Jordan Landholm
- Terry McCoskey
- Matthew McNally
- Jim Moore
- Jordan Peel
- Barbara Read
- Finley Sesker
- Kalan Stittleburg
- Jack Stockwell
- Gary Thomson
- Marcella Ziska

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