National Upper Cervical Chiropractic Association

2020 Online Fall Conference Schedule & Class List
Thursday, November 12 – Sunday, December 6, 2020

We are offering several sessions live this year! All live sessions will be recorded and placed on the virtual conference website no later than Thursday, November 19, and can be viewed at any time by all registered attendees.

All classes will be available to view through Sunday, December 6, and can be viewed as many times as you desire, and in any order your desire.

We are offering all three levels. Live classes are listed first in chronological order, then all other classes are listed by level, in alphabetical order.

Level 1: Intro
Level 2: Intermediate
Level 2/3: Intermediate / Advanced Combined
Level 3: Advanced

LIVE CLASSES

Thursday, November 12, 5:00 p.m. PST / 7:00 p.m. CST (30 minutes – LIVE)
NUCCA State of the State
Join us live as Dr. Jeffrey Scholten, NUCCA President, kicks off our Fall conference! No CE available for this class.

Thursday, November 12, 5:30 p.m. PST / 7:30 p.m. CST (90 minutes – LIVE)
NUCCA Annual Member Meeting
NUCCA members will come together to hear the latest association news, elect our future leaders and so much more! All members are encouraged to attend. You do not need to register for the conference to attend this event. No CE available for this class. This event will not be recorded.

Friday, November 13, 6:00 p.m. PST / 8:00 p.m. CST (1-hour LIVE lecture)
Headpiece Placement (Level 1)
Instructor: Dr. David Packer, Board Certified
Lecture demonstration and participation providing an understanding and practical application in the use of the mastoid headpiece.

Friday, November 13, 7:00 p.m. PST / 9:00 p.m. CST (1-hour LIVE lecture)
NUCCA Documentation (Level 2/3)
Instructor: Dr. David Packer, Board Certified
This class will teach the NUCCA doctors how to document what we do based on the three phases of healing and how to explain to third parties (private insurance, Medicare, personal injury) what we do and how to document it properly, so our care will be clinically supported in the language that 3rd parties can understand and accept as meeting the standards of care.

Saturday, November 14, 12:00 p.m. PST / 2:00 p.m. CST (1-hour LIVE lecture)
NUCCA Research Update *(All Levels)*
Instructor: Dr. Jeffrey Scholten
This class summarizes ongoing UCRF funded research projects. Presentations include results of ongoing projects as they apply to reliability and validity of NUCCA assessments, fine-tuning of the NUCCA protocol, and improvements in providing NUCCA patient care as a result of conducted research. No CE available for this class.

Saturday, November 14, 1:00 p.m. PST / 3:00 p.m. CST (1-hour LIVE lecture)
Upper Cervical Anatomy (Level 2/3)
Instructor: Dr. Jeffrey Scholten
This class will provide an overview of the Clinical Anatomy of the craniocervical junction. Learning objectives from this course are to sharpen understanding of basic and more complex areas of CCJ anatomy (osseous, ligamentous, muscular, vascular & neural considerations).

Sunday, November 15, 12:00 p.m. PST / 2:00 p.m. CST (1-hour LIVE lecture)
NUCCA vs. Other Techniques (Level 1)
Instructor: Dr. Jeffrey Scholten
The Level 1 course provides an overview on NUCCA procedures: Basic system structure, the manner in which our education, standards & research work to develop the procedures taught and developed by NUCCA**.** New doctors can develop understanding regarding NUCCA procedures and how it fits within chiropractic systems that are available to address the craniocervical junction.

Sunday, November 15, 1:00 p.m. PST / 3:00 p.m. CST (1-hour LIVE lecture)
NUCCA Technique Review Q&A, (Level 1)
Instructor: Dr. Jeffrey Scholten
An opportunity for beginner NUCCA practitioners to meet with the NUCCA President and ask questions about the organization, the procedure, and other procedures.

Tuesday, November 17, 5:00 p.m. PST / 7:00 p.m. CST (1-hour LIVE lecture)
Basic Type 4 Biomechanics (Level 3)
Instructor: Dr. Jack Stockwell, Board Certified
Type 4 biomechanics are nothing to fear or be concerned about when you understand proper headpiece balance and support. Class time is divided between a review of type 4 biomechanics and techniques to determine the best placement of the head on the support. A knowledge of the biomechanics is elementary but understanding the balance point will make type 4 misalignments collapse much easier than you think.

LEVEL 1: INTRO PRE-RECORDED CLASSES

4 Elements (1 hour)
Instructor: Dr. Tym Flory, Board Certified
This class will be an overview of the NUCCA biomechanics, explaining the 4 elements that comprise the height vector and the purpose of each.

Adjusting Phases (2 hours)
Instructor: Dr. Tym Flory, Board Certified
The 8 phases and 27 individual steps of the NUCCA adjustment. Explain each phase and step so doctors understand what is accomplishing with each step. Practice drills with individual feedback on performance.

Film Quality (1 hour)
Instructor: Dr. Craig Lapenski, Board Certified
Participants will learn when to use which filters to get the best image for each film. They will find out what to look for to determine if they have good quality images. Participants will discover how to change mAs and filter combinations to get the crispest films. They will learn what doctors are looking for to pass films for certification. Discussion of atlas position, head rotation and proper S factors.

Image Positioning (2 hours)
Instructor: Dr. Michael Zabelin, Board Certified
A level one class beginning with a power point presentation on the requirements and procedures in correct patient placement for the NUCCA views. The remainder of the class will be practical, with live demonstration and attending DCs and students setting classmates for the views.

Intro to Biomechanics Part I (1 hour)
Instructor: Dr. Kurt Sherwood, Board Certified
This class serves as an introduction to the biomechanics of the NUCCA protocol. Its focus is on the concept of the condylar-axial relationship and how this important factor influences frontal plane movement at the craniocervical junction.

Intro to Biomechanics Part II (1 hour)
Instructor: Dr. Kurt Sherwood, Board Certified
This class serves as an introduction to the biomechanics of the NUCCA protocol. Its focus is on the concept of the condylar-axial relationship and how this important factor influences frontal plane movement at the craniocervical junction.

Leg Check (1 hour)
Instructor: Dr. Michael Foran, Board Certified
Review the protocol and hands on experience for the supine leg check portion of the examination.

NUCCA Protocol (1 hour)
Instructor: Dr. Kerry Johnson, Board Certified
This class in an overview of NUCCA treatment protocols and basic terminology. Topics include a brief history of NUCCA, the unique complexities of the upper cervical region, terminology related to NUCCA x-ray analysis and biomechanics, and assessment protocols utilized by NUCCA.

Structural Analysis Part I (2 hours)
Instructor: Dr. Finley Sesker, Board Certified
Overview x-ray analysis, height vector, rotation vector, and torque. Criteria for good films and examples of unacceptable films. Specific analysis on the lateral x-ray and the points on the vertex x-ray.

Structural Analysis Part II (2 hours)
Instructor: Dr. Finley Sesker, Board Certified
Overview x-ray analysis, height vector, rotation vector, and torque. Criteria for good films and examples of unacceptable films. Specific analysis on the lateral x-ray and the points on the vertex x-ray.

LEVEL 2: INTERMEDIATE PRE-RECORDED CLASSES

Adjusting Phases (Approach, Settleback, Turn-in) (2 hours)
Instructor: Dr. Barbara Read, Board Certified
This class will focus on each step of the first three phases of the NUCCA adjustment. These critical phases will be discussed and demonstrated.

Digital X-Ray Analysis (2 hours)
Instructor: Dr. Craig Lapenski, Board Certified
Honing your digital x-ray analysis skills with practical cases. A step by step guide through the process as well as avoiding common errors.

Intermediate Biomechanics (2 hours)

Instructor: Dr. David Packer, Board Certified

Basic Types with the resistances encountered and what to do to with LOD and Mastoid Support to overcome those resistances as a review for the first part of the Class followed by Pre-and Post-Case studies. If I get enough Type 1's I will show the variations and how the Biomechanics changes.

Torque (1 hour)

Instructor: Dr. Vince Fitzpatrick, Board Certified

This class addresses how Torque is generated and when to apply in accordance with the position of Axis Spinous. The class begins with the definition of torque then leading into how NUCCA classifies torque as either superior or Inferior relative to Transverse plane displacement of Axis Spinous. Some discussion will be dedicated to the effects of Torque in the Sagittal Plane and how that affects the Transverse Plane. After this verbal explanation the class will be divided into groups for Practical application with a Certified NUCCA Doctor working one on one with each person in that group.

LEVEL 2/3: INTERMEDIATE/ADVANCED COMBINED PRE-RECORDED CLASSES

Adjusting Phases (2 hours)

Instructor: Dr. Barbara Read, Board Certified

This class is designed to help doctors learn how to develop and practice the adjusting portion of the NUCCA procedure. We will cover detailed aspects of the 8 adjusting phases of the NUCCA protocol, paying extra attention to the arch, roll-in and triceps pull. It will involve classroom overview and description as well as practical breakouts with Board Certified N.U.C.C.A. doctors to work in small groups.

Adjusting Drills (2 hours)

Instructor: Dr. Vince Fitzpatrick, Board Certified, Dr. David Packer, Board Certified, Dr. Finley Sesker, Board Certified

Demonstration of over 20 advanced practical drills pertaining to the NUCCA adjustment that will help practitioners become more proficient in adjusting skills.

Grand Rounds (1 hour)

Instructor: Dr. Kerry Johnson, Board Certified

It is the nature of the NUCCA practice to attract difficult cases, those hurting & sick people who've "tried everything". Proficiency in the procedure itself typically offers amazing results for 80-90% of patients in most of our practices. This class will provide participants with information on how to manage the most difficult of the difficult.

The upper cervical subluxation offers plenty of challenges and several places to look when there's a breakdown in outcome. The course will help doctors develop a systematic approach to:

- Assessing film positioning/analysis quality
- Ordering & reasoning pre/post imaging
- Patient positioning for complex patterns
- Solving the biomechanics puzzle
- Assessing and correcting adjustment mechanics

Keys to Mastery (2 hours)

Instructor: Dr. Craig Lapenski, Board Certified

How to create mastery within patient care and overcoming the most common roadblocks in Certification.

LEVEL 3: ADVANCED PRE-RECORDED CLASSES

Advanced Biomechanics (2 hours)

Instructor: Dr. Tym Flory, Board Certified

X-rays and schematic presentation of the out of pattern four basic types will be reviewed. Unusual cases with difficult concepts in biomechanics, lever systems and headpiece will be presented. The student will understand the most common difficulties in correcting each of the four basic types. In some cases, two-part correction mechanics will be presented with expectation outcomes will be discussed.

Advanced Imaging (2 hours)

Instructor: Dr. Michael Zabelin, Board Certified

This class offers insight into aspects of image quality, from alignment to patient placement, to filtration, and covers digital components as well as analog. Attending DCs are encouraged to bring images from practice for evaluation and constructive ways to improve quality and consistency. Concepts in digital x-ray will be discussed as well.

Headpiece Biomechanics (1 hour)

Instructor: Dr. David Packer, Board Certified

The Biomechanics of the Mastoid Head Piece as it relates to the Four Basic Types.

Structural Asymmetry (1 hour)

Instructor: Dr. Tym Flory, Board Certified

This class will review the frequently observed structural asymmetries see on the NUCCA radiographs, how they can influence the NUCCA analysis protocols, and how to accommodate the analysis to accurately identify the biomechanical misalignment factors contributing the Atlas Subluxation Complex.