

FALL CONFERENCE 2020 ESSAY CONTEST - Aubrey S Rivera

What does NUCCA mean to you?

A doctor should proceed with reverence when delivering a destructive force, like the Chiropractic Adjustment, to the patient who needs it. For me, NUCCA is built upon this reverence and, from these standards, exemplifies the proper portal for healthcare to follow.

I am a student at Life Chiropractic College West and I hope to adopt the NUCCA protocol for my modus operandi during my trials at their health center. It is well known that the people experience suffering from Subluxation-induced patterning in their everyday lives. These subluxations give rise to countless identified symptomatology. Chiropractors are trained to provide correction to these subluxations. Though let it be a NUCCA doctor to steer the helm for this healing process to occur.

It is only with trust shall Chiropractic carry health's directing authority. When one deals with the decadence that is human life, it is my hope that the trust is earned with more than just a whim of confidence and a promise of good faith, but more so with the certainty of well worn investigation. NUCCA shall maintain measures for the investigation within  $\frac{3}{8}$  of an inch accuracy.

It is worth it to capture x-ray analysis of the Atlas Subluxation Complex. Chiropractors shall not betray the responsibilities that science has bestowed upon us. It is novel of NUCCA to reinforce this check with the invention of the Anameter. Our patients deserve transparency. It shall be with honor and high esteem to crouch at the soles of our patients for confirmatory supine leg checks. And it shall be delivered with skillful mastery the resultant adjusting vector that an indicated Atlas Subluxation Complex requires.

However, the doctor must remain positioned with the Chiropractic perspective - for the aim of health is not to count the raindrops during turbulent weather, but instead, it is to steer successfully through the storm with infinitesimal reduction of the encroaching interference.

NUCCA has assembled the league for doctors with the caliber expected of them for restorative and thriving health. As the league expands into the thousands within schools, universities, city halls, and avenues throughout the world, history will remember civilization with health handled much greater. May NUCCA integrate into society's routine life, a check-in with the Anameter every 7 days, perhaps? It is how I prefer to keep it. Much like the phenomenon that is the positive supporting reaction of plantar reflex activation - humanity needs NUCCA's facilitation. "Evidence for the existence of this... is found in a situation that occurs when it is absent. The person will become unbalanced and fall." <sup>1</sup>

1. Gowitzke and Milner. Understanding The Scientific Basis of Human Movement. 2nd Edition. Williams & Wilkens Co., 1980, pg. 75, as cited in Thomas, et. al. NUCCA Protocols and Perspectives. First Edition. National Upper Cervical Chiropractic Research Association, 2002, pg. 13-3.