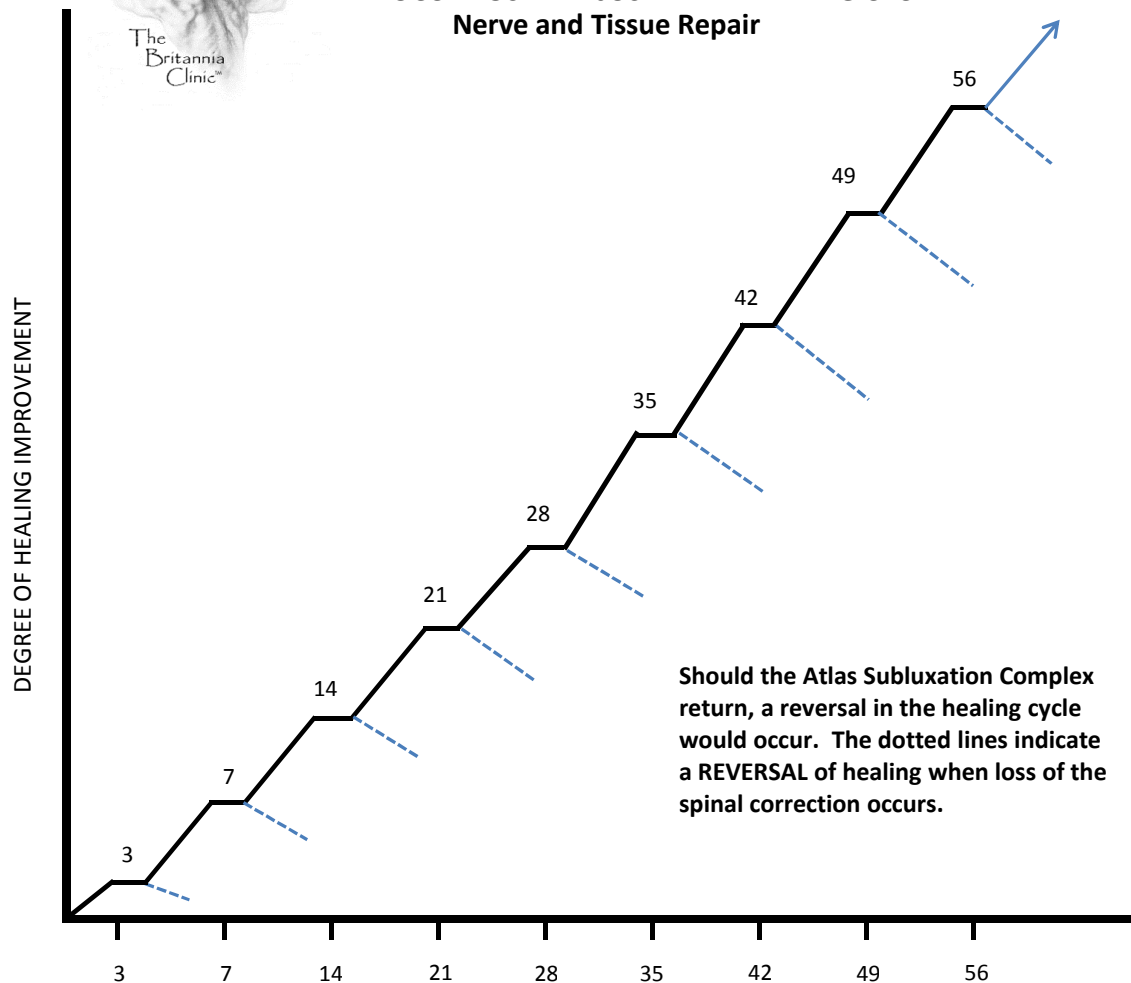




NUCCA POST - ADJUSTMENT HEALING CYCLE Nerve and Tissue Repair



Should the Atlas Subluxation Complex return, a reversal in the healing cycle would occur. The dotted lines indicate a REVERSAL of healing when loss of the spinal correction occurs.

Healing and the stabilization of the spine is an ongoing process. The 6-8 week period following the initial NUCCA spinal correction is the first phase (acute phase) of recovery. It is during this time that the body experiences the most dramatic changes.

Various changes in your symptoms are most likely to appear during the first 6-8 weeks following the initial correction. Symptoms indicate a change and these changes may occur in a cyclic pattern on or about the third day following the initial correction and each subsequent seventh day for a period of approximately 6-8 weeks. These symptoms or changes generally indicate a positive healing response. It is for this reason we recommend that you are examined on or around each of these days to monitor your progress.

Additional time is required to realize the full benefit of this correction process. Periodic supportive care is the next step as most people experience progressive improvement over a 12-18 month period following the initial correction. Taking the time during the initial phase of care (the first 6-8 weeks) to fully stabilize the correction offers the greatest opportunity to sustain optimal balance over extended periods of time. The end result is a better quality of health and lifestyle with reduced practitioner dependency.