



Summer 2020

NUCCA NEWS

NEWSLETTER OF THE NATIONAL UPPER CERVICAL CHIROPRACTIC ASSOCIATION - NUCCA

President's Letter

Dear Colleagues,

Although it was a little different than we are used to, our Spring 2020 conference turned out to be pretty fabulous! All of those involved worked very efficiently and effectively to flip a conference that could not proceed due to circumstances beyond our control into a very successful event. It was not quite what we expected a few months earlier, but we managed to adapt, and for our first attempt I think it was a job well done!

Speaking of adaptation, NUCCA's ability to manage the circumstances associated with the cancellation of our Spring 2020 conference gives evidence to the health of our organization. Thank you to everyone on our team that contributed to accomplishing this transition. This event would not have been successful without your involvement, and I hope

you had the opportunity to enjoy all the presentations. Although I missed seeing you all in person, I still felt very connected; I was able to review each available presentation and was so impressed with the teaching expertise and the content shared by our fabulous instructors.

Last November, Dr. Flory and I had the opportunity to present how NUCCA helps with chronic pain at an international pain conference at UCLA. There was a variety of interesting presentations, but my main takeaway was the introduction to Hyflex Learning. Hyflex Learning allows the audience to consume the information in three ways; live in-person, simultaneous livestream with an attending moderator allowing for the engagement of the audience, and a recording of the presentation for on-demand viewing for a set period of time following the conference.

[continued on pg. 2](#)

inside this issue:

- 2 > President's Letter

- 3 > Regional Workshops
> Member Moments

- 4 > Spring Conference Recap
> NUCCA Board Certification

- 5 > Member Spotlight
> Fall Conference



National Upper Cervical
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PRESIDENT'S Letter / cont. from page 1

Seeing Hyflex Learning in action allowed me to understand how this form of learning, combined with Regional Workshops, might be able to unshackle NUCCA from its current capacity restrictions. It also allows us to mitigate the uncertainty of our current environment, and we plan to create NUCCA's first Hyflex Learning conference this fall. Whether you attend in person or online, we look forward to allowing a way for everyone to participate and gain the valuable information presented at the conference.

In the meantime, we are fortunate to offer three Regional Workshops this summer. Thank you to the instructors that are taking the time to make these happen for us; I'll be attending in Vancouver and look forward to a wonderful day of learning.

Available Regional Workshops:

1. NUCCA II/Grand Rounds II mid-August in Utah
 - Dr. Jack Stockwell, NUCCA Board Certified
2. 20/20 Vision for Certification Standards mid-August in Vancouver, Canada
 - Dr. Johanna Hoeller, DCCJP, NUCCA Board Certified
 - Dr. Michael Foran, DCCJP, NUCCA Board Certified
3. NUCCA I & II: Focus on Beginner & Intermediate Level NUCCA Doctors mid-August in Iowa
 - Dr. Barbara Read, DC, NUCCA Board Certified
 - Dr. M. Deborah Sesker, DC, NUCCA Board Certified
 - Dr. Finley Sesker, DC, NUCCA Board Certified
 - Dr. Tonia Rogers, DC, DCCJP

The NUCCA Board of Directors plans to meet for our annual Strategic Planning retreat in late September. Last year's meeting was very productive and allowed us to clearly identify some priorities for the organization. In early August we will decide how to move forward with this event based on how circumstances unfold between now and then.

Our main priority in 2020 was identified as the creation of NUCCA Practitioner Credentials. As we moved through the quarters following our strategic planning meeting, we met all the milestones, and we are pleased to report that we are on track. In Q4 of 2019, Drs. Lapenski and Flory identified which areas of NUCCA proficiencies are suitable for credentialing. Then during Q1 of 2020, they identified the various levels of credential acquisition. Questions needed to be answered such as how do people who have already demonstrated certain proficiencies obtain appropriate credentials?

This past quarter (Q2) has seen Drs. Packer and Zabelin create the infrastructure for evaluating proficiency for defined NUCCA credentials with consideration to obtaining official academic recognition. During our current quarter (Q3), they will continue to move this project forward by creating appropriate CV language for the defined NUCCA credentials. The last step in this project is scheduled for Q4 2020 and will involve identifying the individuals that deserve the credentials.

Besides this main priority, we identified other priorities for our organization that have been moved forward:

1. Ombuds/Whistle-Blower Policy Creation (accomplished)
2. Online Text (proposal created)
3. Enhanced NUCCA PR (new committee created)
4. Expand NUCCA presence in chiropractic colleges (ongoing activity)
5. Increase interdisciplinary relationships (presentations with other organizations)
6. Identify the health condition in which NUCCA is seen as the expert (dizziness and vertigo)

This list is by no means exhaustive, so if you have interest in participating in these initiatives, or if you're aware of other things you feel NUCCA should prioritize, please get in touch with our Executive Team or a member of your Board of Directors to be sure your ideas are heard and implemented.

As we continue to adapt to the best of our ability in this tilted situation, I hope all of you find some space to have a wonderful summer as you continue to care for your patients with excellence.

All the best,

Dr. Jeff Scholten
NUCCA President



Dr. Jeff Scholten

President, NUCCA Board of Directors

REGIONAL WORKSHOP

We are thrilled to have three Regional Workshops scheduled in July & August. All three workshops have a limited number of spots available to register today to secure your spot!

20/20 Vision for Certification Standards

Saturday, August 15, 2020

The Arbutus Club, Vancouver, BC, Canada

Instructed by Dr. Johanna Hoeller, DCCJP, NUCCA Board Certified & Dr. Michael Foran, DCCJP, NUCCA Board Certified

[Click here](#) for complete workshop details!

NUCCA II/Grand Rounds II Regional Workshop

Saturday, August 22 & Sunday, August 23, 2020

Stockwell & Associates, South Jordan, Utah

Instructed by Dr. Jack Stockwell, NUCCA Board Certified

[Click here](#) for complete workshop details!

NUCCA I & II: Focus on Beginner & Intermediate Level NUCCA Doctors

Saturday, August 15, 2020

Read Health Center, Ames, Iowa

Instructed by Dr. Barbara Read, DC, NUCCA Board Certified, Dr. M. Deborah Sesker, DC, NUCCA Board Certified, Dr. Finley Sesker, DC, NUCCA Board Certified & Dr. Tonia Rogers, DC, DCCJP

[Click here](#) for complete workshop details!

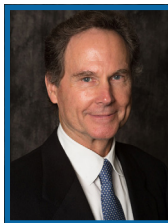
MEMBER MOMENTS

We want to hear from you! As we navigate our new virtually-based options for conferences, meetings, etc. we want to make sure we stay connected with our incredible members. We'd love to hear what you've been up to in your world, personally or professionally! Did you celebrate a wedding? Send your youngest off to college? Have a big breakthrough in your research? We'd love to share those moments and celebrate with you!

First up, please join us in congratulating Dr. Glenn Cripe & hearing a brief research update from Dr. Robert Brooks!

"I became a certified teaching tennis pro at the end of last year. In Jan., I started as a part-time teaching pro at a new world class facility in San Clemente, Ca!!"

– Dr. Glenn Cripe



"For the past year and a half I have been the project manager for a multi-facility research project using Secretary IGA as a marker for immune function and the paper has just been submitted for publication in the journal Neurobiology of Stress. This is a very important clinical trial using 5 different upper cervical techniques with positive improvements to the immune system."

– Dr. Robert Brooks



SPRING CONFERENCE Recap

EDUCATION IN A VIRTUAL WORLD

COVID-19 changed how much of the world operated in the last six months, and it forced us as an organization to look at things differently. In a matter of a few days, NUCCA leadership had to go from planning an in-person event in California, to answering some tough questions. If we cannot meet in person, how can we continue to provide value to our members? How can we continue to deliver continuing education? How can we continue to keep you engaged? Lightbulb!

Leadership and the Education Committee came together quickly to develop NUCCA's first ever virtual conference. We would record sessions that were going to be presented at Spring, partner with Life West so that we could provide continuing education classes, and do a live kick off session to help provide some interaction for that much missed human element.

The conference was live for almost five full weeks and during that time, attendees had access to 14 continuing education hours. Attendees could take any class they wanted, in any order, as many times as they wanted, and in the comfort and safety of their own environment. We were joined by over 150 people from around the globe and we received such positive comments from so many of you.

While we cannot predict what the future holds, we know that we have a successful and engaging online platform so that we can continue to serve you. Rest assured that regardless of whether our future conferences are in person, online, or a combination of both - we will be able to provide content and continuing education!

An enormous thank you to our fearless leader, Dr. Scholten, for bringing this idea to life and for continuing to shape us into a more successful future. A huge thanks to our virtual conference instructors who came together so quickly to record their lectures and provide you with virtual content: Dr. Finley Sesker, Dr. Craig Lapenski, Dr. Kerry Johnson, Dr. Lee Yardley, Dr. Kurt Sherwood and Dr. Michael Zabelin. Finally, our very patient team at Life West - Laurie Isenberg and Victoria Davis!

Check out what some of your fellow NUCCA colleagues had to say about our first ever virtual conference.

"I enjoyed being able to access the information easily, the quality of both the presentations and the technical side of things was great and a big shout-out to all the instructors! Very well done, and even if it isn't quite the same as being in person with everyone, it was the next best thing."

"Thank you ... for putting in such a great effort to help us all not only take advantage of this opportunity but also in making this opportunity a reality."



NUCCA BOARD CERTIFICATION – Congratulations!

Join us in congratulating these doctors for passing their respective levels for NUCCA Board Certification.

NUCCA Board Certified

Dr. Jason Langslet
Dr. Julia Radwanski

Level 2 Candidacy

Dr. Vitaliy Dobrogorskiy
Dr. Christopher Whitney

Level 1 Candidacy

Dr. Corey Burt
Dr. Amninder Gill
Dr. Kevin Hallmeyer
Dr. Leigh Windschitl

MEMBER SPOTLIGHT

Author: Dr. Marshall Dickholtz, Co-Chair Certification & Standards Committee



Ever since April 16th, 1966 when Dr. Gregory founded the National Upper Cervical Chiropractor Association where he personally designed the classes, then taught the entire conference plus fully paid for his own attendance, NUCCA has been a volunteer organization

Over the past 54 years many other doctors committed to this great work have also voluntarily stepped up to teach, mentor, assist in the education, participate on the various boards and committees to support the organization and its members. It is through this generosity from so many over the years we have the outstanding association that continues to shape Chiropractic and the lives of our patients.

Recently Dr. Daiki Ishiyama has worked with the Certification Committee to create motivation incentives and opportunities for all NUCCA members and students to develop their skills through the stages of certification.

During a time where so many doctors were either staying at home or functioning with a lighter patient schedule, Dr. Daiki had the idea of making online testing free for a limited period. He stimulated a breakthrough of 60 NUCCA

doctors as well as some students to enter or continue their certification candidacy. There were participants in both levels One and Two. A total of 57 doctors and one student passed their online exams.

Dr. Daiki knows that excellence in this work exists, and doctors' access to it is through the participation and mentoring in the Certification Program. His commitment to have as many of the NUCCA members fulfill on the foundation of this education (Board Certification) he had created a wonderful opportunity for many doctors to be in action.

In this issue of the newsletter, we would like to acknowledge Dr. Daiki for his efforts to make a difference in the NUCCA educational process and the standards of the NUCCA organization. By example, he has demonstrated how an individual can forward who we are in the reduction of the C-1 subluxation. His biggest reward will be seeing our members stay on track, fulfilling ALL the steps of NUCCA Board Certification. He knows this is such an important step for supporting the education and skill sets of our members to succeed in practice.

Thank you Dr. Ishiyama!

FALL CONFERENCE – Save The Date!

Join us for our 2020 Fall Conference, November 12-14, in Minneapolis, MN!

Can't make it in person? Be sure to keep a look out for emails on how we'll be able to broadcast class sessions and make this conference virtual!

SAVE THE DATE

NUCCA Fall Conference

November 12 -14, 2020

