



Fall/Winter 2019

NUCCA NEWS

NEWSLETTER OF THE NATIONAL UPPER CERVICAL CHIROPRACTIC ASSOCIATION - NUCCA

President's Letter

As we come to the close of 2019, I hope you can look back on your year and see positive steps in the direction you want to be heading. We've had some great steps forward this year in the organization, and I look forward to an even more exciting and successful 2020.

One of our biggest steps forward was due to the successful annual NUCCA Strategic Planning meeting held in September. As a board we were able to really delve in and create clarity for the priorities of the organization, create a clear focus going forward, identify simmering priorities, as well as recognize our past priorities and accomplishments.

Identified Yearly #1 Priorities:

2017: Collegiality Committee creation – *accomplished*

2018: Regional Workshop conceptualization – *accomplished*

2019: Regional Workshop SOP creation and launch – *on track/underway*

2020: Creation of NUCCA Practitioner Credentials – *underway* (Drs. Lapenski, Flory, Packer, Zabelin)

2019 Simmering Priorities:

1. Taking our Textbook Online – Dr. Flory, Dr. Radwanski
2. Enhanced NUCCA PR – Dr. Kuhn, Dr. Imaña
3. Expand NUCCA presence in Chiropractic colleges – Dr. Kleinfelter, Dr. Gregg
4. Increase interdisciplinary relationships – Dr. Flory, Dr. Scholten
5. Develop health condition efficacy – Dr. Scholten, Dr. Chung
6. Ombuds/Whistle-Blower Policy Creation – Dr. Hoeller, Dr. Gregg

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National Upper Cervical
Chiropractic Association

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2019 Task Forces

Bylaws (Dr. Neff, Dr. Goff)

Anatometer (Dr. Zabelin)

We'd also like to congratulate our Executive Director, Mary Pat Nielson, on the birth of her second child! Our management group, IntrinXec, pulled together and made Mary Pat's maternity leave seamless. Jessica Bartram stepped into Mary Pat's role and was exceptional in her ability to facilitate not just the day-to-day functioning of our organization, but also support the board during our strategic planning retreat and our fall conference. We thank Jessica for her hard work and look forward to Mary Pat's transition back to the organization this month.

Our fall conference was a tremendous success thanks to the efforts of our Education Committee and our dedicated instructors, while Dr. Whitney and his Collegiality team took the Settleback Brewery to a whole new level by putting on an unexpectedly energetic karaoke party. We look forward to seeing what we can get up to at the Spring Conference!

One of NUCCA's main purposes is continued education and practitioner growth, and Regional Workshops will enhance our ability to expand our reach around the world. Both NUCCA procedures and Grand Rounds are offered by NUCCA Credentialed Instructors, while Clinical Sciences will be taught by appropriately Credentialed Faculty such as Diplomates or those holding advanced degrees. I'm excited to announce that regional workshops will be occurring in January and February, 2020 in various locations around the United States. Look for weekends led by Drs. Cripe, Flory, Lapenski, Packer, and Zabelin. Or, if you happen to find yourself in Venice on Valentine's Day, please consider joining me next door in Treviso, Italy for 12 hours of continuing education hosted by the UC Council.

Wondering what the UCRF has been up to? Dr. Hasick and his team put together the UCRF Monograph/Impact Report in which you can find a description of many of the activities that our small group has been involved in. Please find some time to review it [here](#).

If you missed our big screen debut, NUCCA was featured quite prominently in Laurent Goldstein and Jennifer Unruh's feature film, "*On a Scale of 1-10*". Due to the exposure from this, Dr. Flory and I were invited to present to an international audience at the iPain Foundation's annual conference at UCLA this past November.

Each of us is contributing in our own way, and a stronger NUCCA with a more engaged membership will allow us to contribute collectively and offer our services to a population in need. I thank each of you for the contribution of your time, treasure, and talent, and I look forward to continuing to work alongside you to ensure NUCCA develops and continues to contribute leadership in chiropractic craniocervical junction procedures.

Enjoy a wonderful winter, and when you renew your membership, please consider the Gregory Circle. We look forward to seeing you at the Spring Conference April 16-18, 2020 at our new location, the Hyatt Regency Newport Beach.



Dr. Jeff Scholten

President, NUCCA Board of Directors

UPCOMING REGIONAL Workshops

Practical Adjusting Development

Join us in Seattle on Saturday, January 18, 2020, for a NUCCA Regional Workshop put on by Drs. Kurt Sherwood and Craig Lapenski.

One day of practical adjusting development as well as working through cases. Attendees should expect to hone their adjusting skills as well as develop a greater expertise in biomechanics, headpiece placement, and nuances in reducing the Atlas Subluxation Complex. Space is limited to maximize benefit to 16 attendees so register early to secure your spot!

When:

Saturday, January 18, 2020

9:00 a.m. – 5:00 p.m.

[Click for more details](#)

NUCCA and Spinal Biomechanics

Join us in Atlanta on Saturday, February 1, 2020, for a NUCCA Regional Workshop put on by Dr. David Packer.

This will be a four-hour workshop on NUCCA and spinal biomechanics. Dr. Packer is not only Board Certified in NUCCA but also is credentialed in Spinal Biomechanical Engineering. Attendees should expect to come out of the workshop with a confident knowledge of spinal biomechanics and a simple way to apply what they learn to understanding the selection of an optimal vector. Space is limited to 16 attendees so register early to secure your spot!

When:

Saturday, February 1, 2020

4:00 p.m. – 8:00 p.m.

[Click for more details](#)

Adjusting and Biomechanics

Join us in Upland, CA on Friday, February 7 and Saturday, February 8 for a NUCCA Regional Workshop put on by Dr. Tym Flory.

During this two-day workshop, attendees will:

- Advance their proficiency in NUCCA biomechanics and adjusting
- Gain clarity and confidence in the biomechanical evaluation and rationale for various misalignment patterns of the Atlas subluxation Complex (ASC).
- Create a kinesthetic learning experience to further develop the motor skill of the Triceps Pull Adjustment. Each attendee will better understand the mechanics of the adjustment, but also improve their own neuromuscular coordination for performing the motor skill.
- Apply their learning during this workshop to a specific case from their own practice

When:

Friday, February 7: 2:00 p.m. – 6:00 p.m.

Saturday, February 8: 8:00 a.m. – 5:00 p.m.

[Click for more details](#)



10% Back to the National Upper Cervical Chiropractic Association

We are proud to partner with Healthy ChiroPractice for marketing resources and UpperCervicalCare.com to generate new patient leads.


Two Ways to Save & Support NUCCA!

#1

Shop HealthyChiroPractice.com for educational products and complete personalized marketing programs and **save 15%*** with **CODE NUCCALISTING15**. 10% will be donated back to NUCCA.
(Brochures, posters, & more *Excludes R1 Booklets)

#2

List or upgrade your NUCCA Practice to Level 2 on UpperCervicalCare.com and save **10% off** your monthly subscription with **CODE: NUCCALISTING10**. Only \$67.50 per month and 10% will be donated back to NUCCA.




FALL 2019 CONFERENCE RECAP Update

What an amazing conference! Thank you to all who attended! We look forward to seeing you at the Spring conference in Newport Beach, CA in April! To see more photos from the conference, please [click here](#).

Spring 2020 Conference Update

Start making your arrangements now for the Spring conference in April! We expect a great turnout and will release the conference schedule and other details this month. Check the conference page on the NUCCA website often for updates! We'll see you in CA!

Job Fair: Friday, April 17, 12:00 – 1:00 p.m.

President's Reception/Banquet: Friday, April 17, 7:00 – 9:00 p.m. Tickets are \$65/each and can be purchased when you register for the conference

Research Update: Saturday, April 18, 9:00 – 9:50 a.m.

Hotel Information:

You can begin making your hotel room reservations at the Hyatt Regency Newport Beach hotel

Phone: (800) 233-1234

Website: [click here](#) to make your reservation

Mention the group NUCCA at the time of reservation to receive a special group rate of \$145 for a standard guest room. The following room types are also offered at the rates listed below and based on hotel availability.

- Balcony View: \$160
- Pool View: \$170
- Bay View: \$195

Please make your reservations by Tuesday, March 24, 2020



Congratulations to Dr. Jose Portela-Berrios - newly NUCCA Board Certified!



NUCCA Ambassadors, Drs. MacDonald, Sherwood, Strama & Snyder accompanied by NUCCA President Dr. Scholten



Dr. Flory showing off his many important ribbons



Drs. Sesker, Russamano & Erwin at the UCRF Settleback Brewery Fundraiser



Drs. Gregg, Cummins & Hoeller at the UCRF Settleback Brewery Fundraiser



Drs. Whitney, Norris & Parpala at the UCRF Settleback Brewery Fundraiser

SAVE THE DATE FOR UPCOMING NUCCA CONFERENCES!

Spring 2020 Conference: April 16-18, 2020 in Newport Beach, CA

Fall 2020 Conference: November 12-14, 2020 in Minneapolis, MN

Spring 2021 Conference: April 8-10, 2021 in Newport Beach, CA

Fall 2021 Conference: November 11-13, 2021 in Minneapolis, MN

LEVEL 1 CERTIFICATION Take Action!

The history of our wonderful organization that started with Dr. Gregory has had in its core tenants the principle that human potential is best expressed when the Atlas Subluxation Complex is reduced to its maximum capacity. The Certification Process has been an extension of the commitment by the organization to produce this for over 35 years. In the desire of your Board of Directors to perpetuate the creation of more doctors better able to deal with the intricacies of the ASC, this past fall a motion was passed to suspend the fees associated with Part 1 of the Board Certification Process. For the next year a doctor has the capacity to be mentored through the First part of the Board Certification Process without the fees traditionally associated with it. This “experimental trial” has been

adopted for the purpose of furthering engagement in the Certification Process. At the end of the year, the results will be evaluated and further determination of the “trial” will be contemplated.

We sincerely hope our membership is encouraged to take advantage of this wonderful opportunity. We would love to see a large percentage of our doctors accomplishing Board Certification, not only for the benefit of the doctors personal growth and development, but more importantly for the health of the people impacted by each doctor.

Dr. Craig Lapenski

NUCCA Certification & Standards Co-Chair

NUCCA CLUBS UPDATE Winter 2019

Life Chiropractic College West – NUCCA Club Update

Submitted by Nolan Halverson

Life West NUCCA club would like to thank everyone who generously donated to our club. The money will be going towards our activity fair next quarter and a lunch for the people who show interest in NUCCA. At the lunch Dr. Tayal will talk about all the benefits of practicing NUCCA. This quarter our club had Dr. Scholten come speak at a lunch about inter-professional relationships. We had a great turnout and it sparked some huge interest in our club. We are very excited to see the growth of the club this next year. If anyone is ever around the Bay Area and is interested in sharing some of their knowledge, feel free to reach out. We would love getting a talk or lesson set up for anyone in the NUCCA community!



Palmer Chiropractic College – NUCCA Club Update

Submitted by Walker Porterfield and Roy Kim

This trimester we will be hosting lectures from several AO docs, a lecture on knee chest upper cervical, one from a Blair doc, and several lectures from myself and my Vice President Rachael Trapp on NUCCA. You may know Dr. Conrad Trapp out of Oklahoma, that would be Rachael's dad. We are going to be talking about biomechanics and the adjustment for at least 3 weeks.

