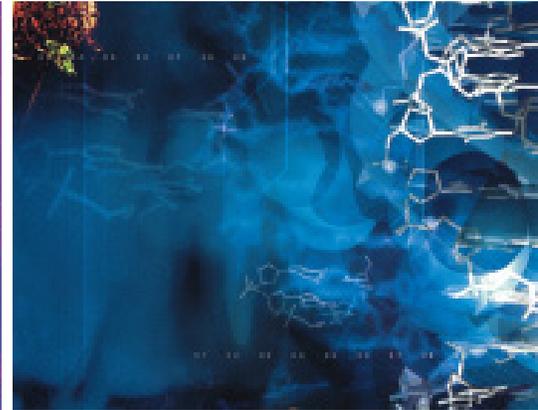


NUCCA NEWS

Winter 2013

NEWSLETTER OF THE NATIONAL UPPER CERVICAL CHIROPRACTIC ASSOCIATION - NUCCA



President's Letter

Spring Conference

"Finessing the Adjustment; Perfecting the Triceps Pull"

We are well on our way with 2014. We have our conference April 24-26 in sunny Minneapolis. We did that in style last year; waited for everyone to arrive, had a blizzard so no one could go anywhere, great attendance at the classes, and weather cleared for our return trip home. I am expecting nothing less this year.

Many of you are considering the switch to digital x-ray. You have questioned CR vs. DR, are the Naomi CCD units the way to go? They are certainly the cheapest. Are there different kinds of flat panels, are some better than others? Will a DR unit reduce radiation to the patient (this depends on what you get) how much does it reduce it? My goal is to equip you with the knowledge and terminology to shop intelligently

for what will be right for you. We will be covering all this and more at the last presentation Saturday afternoon. We will have our annual business meeting Friday afternoon at 4PM. This event is always engaging, entertaining and a not to be missed. Following the business meeting will be the President's Reception with the instillation of the new Board. We will be featuring several new classes by newer certified doctors, Drs. Lapenski and Flory, so I look forward to seeing you all there.

Small Steps

The 2013 Small Steps campaign was once again a resounding success, with the Canadians coming out on top somehow. Congratulations to our Canadian brethren, and it is time for us Americans to re-group and reestablish that there is really strength in numbers for

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National Upper Cervical
Chiropractic Association

www.nucca.org

President's Letter / cont. from page 1

2014. Participants will be receiving a tuque to wear at the conference, celebrating the Canadians' tremendous performance, and Minneapolis threatens to deliver the weather that the tuque was made for.

Streaming Video of Conference

Video of the fall 2012 conference will be coming soon, and watch for fall 2013 conference footage some time after that as well.

Run For Research

The students of Palmer College Davenport NUCCA club will be doing their 2nd Annual Run for Research to raise

money for NUCCA research. We need to support these young students/ athletes in their courageous endeavor (just look at the temperatures in Davenport - freezing). For our convenience, pledges can be given through a PayPal account - information on this will be forthcoming. Please support these young men and women - they are our future!



Lee G Yardley, D.C.

*President, NUCCA Board of Directors
Board Certified Instructor, Co-Chair, Educational
Committee Director, UCRF*

Small Steps Recap

With a total raised of over \$29k, it seems as though the Canadians took the competition this year. Perhaps next year the Americans will make a push to regain the title. Congratulations and thank you to all those that participated in Small Steps 2013!

Just as the journey of a thousand miles begins with a single step, your willingness to engage your patients and



give them an opportunity to partner with NUCCA, as we move research into the upper cervical spine forward, is admirable. We welcome your feedback about the experience you had with Small Steps 2013; both things you enjoyed and things that could be improved upon.

The Upper Cervical Monograph Website



The new online version of the Upper Cervical Monograph will be here soon. The website will bridge the gap in content between research and practice. It is being designed to help validate and support a NUCCA practitioners' day-to-day clinical work.

The web structure of the new site will contain the following five sections:

1. NUCCA Procedures/Protocol - Defining NUCCA Standards of Care
2. Physiology
3. NUCCA Past, Present and Future
4. Supporting Safe Practice
5. Other Supportive Research

Keep watching for the email blast announcing the launch, and send your feedback/suggestions to Jessica at jburgus@intrinxec.com.

2013-14 WINTER RESEARCH UPDATE

by Dr. Charles Woodfield and Dr. Gordon Hasick



National CCSVI Society (NCS) Conference: Voices of Progress Sherbrooke, QC, September 28-29, 2013



Dr. Bill Code welcomes Dr. Woodfield to the NCS Conference in Sherbrooke

Dr. Woodfield's attendance at the 2013 NCS Conference in Sherbrooke, QC, provided an ideal place to introduce our research findings of the NUCCA procedure to an international audience of major MS researchers and patients. Comments in reference to our research

agenda were positive and supportive. Dr. Scalfani, the keynote speaker, invited the organization to join the International Society of Neurovascular Diseases (ISNVD) and participate in their annual conferences. He stated our research is high quality, well thought out, with compelling outcomes and have value for the ISNVD. This is a big compliment coming from an MD who has, to date, performed more venoplasty "liberation" procedures than any other MD in the US.

Dr. Woodfield was recently accepted as a member of this prestigious organization. Dr. Scalfani invited him to join last fall in Sherbrooke, QC. Dr. Woodfield submitted the required application with CV and references. Essentially, he had to be "approved" as being skilled in research, credentialed and a valuable addition to this group; not everyone is accepted. This speaks volumes to the quality of our research and direction UCRF is headed.

Many questions were asked about the NUCCA procedure and where they could obtain care. Dr. Bill Code, the medical director of the NCS, who has MS and had the liberation procedure, has also received NUCCA care. He confirmed the benefits he received and suggested the NUCCA approach be considered before "liberation."

A major highlight of the Conference was the presence of Dr. Franz Schelling. He is the physician that made the original connection in obstruction of venous outflow from the brain



Dr. Franz Schelling and Dr. Woodfield discussing the Migraine study

and MS. Dr. Zamboni based his work on Dr. Schelling's foundational hypotheses and research. I had several conversations with Dr. Schelling who is an encyclopedia of knowledge and provided helpful insights to the results of the Calgary migraine study.

Dr. Clive Beggs is a PhD in medical engineering at Bradford University, England and has worked on several projects with Dr. Zamboni and Dr. Robert Zidanov, both pioneers in the blood and CSF flow aspects of MS (<http://www.edt.brad.ac.uk/blog/Professor-C-B-Beggs>). We discussed in detail the Venous and CSF flow analysis from the migraine study. He suggested an improved analysis, offering to interpret the data using his evaluation of the sampling points. Dr. Beggs' wife has MS which has changed his research focus to CSF flow.

Calgary Phase Contrast Migraine Study



As we navigate new territory with this study, recruiting those experts that are knowledgeable of this

topic is a necessity. With the help of Dr. Doug Hamilton, (formerly at NASA and now at the University of Calgary), and Dr. Clive Beggs, (University of Bradford, England) we have made progress interpreting the before-after atlas correction changes in cranio-vertebral blood and CSF flow. Due to the dynamic nature of the PC-MRI measurements, the related intricacies in analysis of the observed changes require input across many disciplines in order to understand the mechanisms in play. Manuscript preparation is underway with an estimated submission sometime in the spring of 2014.

An abstract, "Observed Changes in Quality of Life Measures and Cerebrospinal Fluid Flow Parameters in Migraine Subjects Receiving Chiropractic Care" has



been submitted to the 2014 International Research Congress on Integrative Medicine and Health (IRCIHM). Dr. Woodfield has presented to this conference previously in 2011 and 2012.

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2013-14 WINTER RESEARCH UPDATE / cont. from page 3

4th Annual International Society for NeuroVascular Disease (ISNVD) Meeting

San Francisco, CA, February 7-9, 2014



Two abstracts prepared from the Calgary Migraine Study data analysis will be presented by Dr. Woodfield at this prestigious event.

"Observed changes in quality of life and intracranial compliance in migraine subjects receiving an atlas intervention," has been accepted for ePoster presentation. From Dr. Clive Beggs exhaustive CSF and blood flow data analysis came, "Observed differences of PC-MRI measured venous outflow and CSF pulsatility in migraine subjects receiving an atlas correction intervention," which was accepted for a platform presentation. Subjects with secondary venous outflow through epidural veins showed a trend in optimal response to the NUCCA correction.

Further study is needed to verify that this trend is seen in other cases. Patients with migraine, MS and mild traumatic brain injury (mTBI) have a tendency to exhibit a secondary venous outflow pattern. Future investigation will study patients with a secondary pattern presenting these conditions, especially those with mTBI.

2013 IRAPS: International Research and Philosophy Symposium

Sherman College of Chiropractic, Spartanburg, SC, October 19-20, 2013.

(<http://www.sherman.edu/continuing-education/iraps.asp>)



NUCCA practitioner and Upper Cervical Diplomate candidate, Dr. Philip Schalow, presented his case report "Chiropractic management of overuse syndrome in a violinist". Dr. Schalow brought a violin to demonstrate overuse challenges in playing these instruments and

held everyone's attention for the entire performance. He outlined simple strategies anyone can utilize to improve their playing postures and prevent overuse. Key to his patient's recovery was NUCCA care, as demonstrated with visit-to-visit changes in the Visual Analog Scale (VAS).

Dr. Woodfield discussed "Detecting an atlas subluxation through pulse oximetry (PO)" which was very well received.

Dr. Heidi Grant provided pre-post correction pulse oximetry data described in the presentation. There was a statistical significance in the percent oxygen saturation change increase and in change of pulse rate decrease following the NUCCA correction. The clinical significance is yet to be revealed, requiring more investigation with larger population sample sizes.



This year's attendance at IRAPS was slim compared to previous years. This being the last subluxation-based research conference in our profession, it deserves your support. For next year's conference, let's submit several unusual case reports and small feasibility studies in making a NUCCA presence known. Abstracts are usually due mid-June of every year.

NUCCA Radiograph Inter-examiner Reliability Study

All 254 x-ray sets have been carefully selected from the over 500 sets supplied by Dr. Dickholtz, Sr. The herculean effort in x-ray quality assessment, performed by Dr. Dickholtz, Jr., is very much appreciated - thank you! The time invested in assuring film quality while establishing a baseline analysis, provides a valuable asset for an upcoming intra-examiner reliability investigation and further study in skills comparison between the different levels of NUCCA certification. The final sets of x-rays are now being evaluated by the two dedicated examiners. This project should be ready for publication by mid-2014.

Association of Chiropractic Colleges
Educational Conference
Research Agenda Conference (ACC-RAC)
March 20-22, 2014
Orlando, FL



Aiming for Effective Change:
Leadership
in Chiropractic Education, Research,
and Clinical Practice

A poster presentation of "Examiner reliability in analysis of orthogonal radiographs - phase two" has been accepted for the 2014-ACC-Research Agenda Conference, March 20-22, 2014.

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2013-14 WINTER RESEARCH UPDATE/ cont. from page 4

Radiographic Animation Study (RAS) Analysis Project



One of the challenges in investigating the NUCCA orthogonal radiographic series is assuring the patient's post correction assessment is in the exact same position as when the pre films were taken. Currently there is little to no study demonstrating that Upper Cervical doctors can reliably reproduce patient positioning while obtaining pre-post radiographs. Life

West, Dr. Vasquez and UCRF have contributed to this team effort that will ultimately establish that pre-post positioning can be performed with the required accuracy. Established reliability and validity of the NUCCA assessments, including

pre-post patient positioning, is imperative. Investing in ground floor projects yields huge benefits in the long run, especially this important piece of the puzzle.

Dr. Vasquez is currently analyzing the randomized films for phase one of the reliability process. In phase two the intra-examiner reliability data from the same selection of films, randomized in a different order, is collected. Both phase one and two data sets are then compared to determine an Intra-class correlation coefficient (ICC) statistic. This describes the reliability in the analysis and procedure used by Dr. Vasquez. Data is analyzed and interpreted by the biostatistician, resulting in a manuscript written for the indexed literature.

This is just one step in the development of the precision alignment device for the Radiographic Animation Studies (PADRAS) system designed to assure exact patient post to pre-positioning.

Report of Findings by Dr. Steven MacDonald

Challenges in Life



NUCCA is a very precise and specific body of work that we all perform. We've studied and practiced long hours to be the very best at our work so that we can achieve proper analysis of our patients' conditions and adjust very specifically to reduce the ASC.

What do we do, however, when we as doctors are injured? How do we achieve the same results or analyze a patient properly? Personally, I broke my right leg and right wrist 15 years ago and required surgery to properly correct my leg. Even now, my right Leg has trouble extending completely. I have been unable to perform the NUCCA settle back to do leg checks or adjust and put weight on that leg.

The beauty of this work is that, when we have learned it completely and understand what needs to be done for a patient, there are often times we can adapt when injuries change how we perform our work. There are many injuries for which we can find new ways to perform our work. As long as we know what to do in our minds, we can often find new ways to achieve our goals.

In my case, I could not bend down anymore to perform the leg check. Instead, I had to use my office desk chair to check a patient's legs. I raised my hydraulic table to

the height of the chair and centered my chair with the patient so that I was completely perpendicular to them, and I could then easily check leg length. For quite awhile, I was not able to stand and put weight on my injured leg for long periods. I was forced to sit, using a stool to make adjustments. It actually worked very well. It wasn't the ideal way, but it helped me accomplish my job.

Due to weight issues with that leg, I am not able to settle back anymore to adjust my patients. I have to adjust my patients straight on now, bisecting the vector so that I am completely perpendicular to the adjusting vector. I also, at times, bend over the patient from above for adjustments requiring low vectors. Sitting can also be a way to adjust the patient if need be.

We are human and not immune to injuries. There are times that those injuries change how we take care of our patients. If we are able to stand up or sit and use our hands, then we can adapt to our injuries.

I have known many NUCCA and other Upper Cervical doctors who have suffered injuries that have required them to adapt. There are doctors who can only adjust with either the right or left hand, because they have injured the other hand. They are also some of our best doctors.

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Report of Findings / cont. from page 6

The purpose of this article has been to tell my own personal story and let others know that, often in life, we are asked to adapt to life's changes and these changes don't mean that we cannot be excellent Upper Cervical doctors who still give quality care to patients. I look back now and believe that my injuries were probably for the best. They made me think more creatively and, I feel, become a better doctor.

Twelve years ago, after my injury, I went to Nakuru, Kenya with James Tomasi's upper cervical mission doctors. I was promised X-ray and upper cervical tables for adjustments. I arrived there only to find out that there were only one or two X-ray machines in the country, which were not accessible, and there were no adjusting tables. Thousands of people lined up for treatment. Most doctors were using an upper cervical knee chest to very forcibly adjust, but that procedure was not for me and my work. I had to use benches for patients to lie down. I would stack a couple of books for my headpiece, one of which was a bible that I borrowed. I needed all the help possible. Since I did not have X-ray, I tried to analyze head tilt and do leg checks. My adjustment went after head tilt, using books for a headpiece. Again, I had to think creatively and find a way to take care of Kenyans with my NUCCA technique. Most would come to me with a pink slip that showed they were HIV positive. They were only entitled to about twenty-five dollars of care a year. There was really no care for those that were HIV positive. Needless to say, they were quite desperate for care when we arrived. Everyone would be treated, but they panicked when they saw that we only had about 25 chairs to set up. They began pushing and shoving and throwing chairs, with one hitting me in the back. We soon calmed them down by saying that they

would all receive treatment. That was quite an adventurous experience for me but it was especially difficult seeing so many in survival mode; homeless children acting like hissing animals, and orphanages that were shockingly stark and filthy. And yet through all this I saw how beautiful these people were and how thankful they were that we had made the trip to help them. Many told me to go home and tell my people that the black people in Kenya love the white people in America and that they wished they could come to America. One young girl, about age 10-12 and wearing a beautiful bright blue dress, walked alongside me in the street asking about America and if I would adopt her and take her home with me. I was so tempted and have doubts today about not looking into adopting her.

An elderly man came up to me in the Nakuru marketplace one day wanting to shake my hand for treating him. He told me that was the first time in years his hip had been pain free and he didn't have to use his cane anymore. He pulled out a newspaper clipping showing that he had been a hopeful Olympic long-distance runner. He looked to be about twenty-five years older than what the article indicated. He had run barefoot all over Kenya training for World track and field events much of his earlier life. Life was certainly more difficult in Africa, aging its people much quicker than in a first-world country.

We are often challenged in our lives. We never know what life will send our way. But, often, if we remain flexible and resilient to solve any new problems facing us, we can be surprised at the results we attain. These life challenges cause us to look at life more broadly, offering us a more interesting life, one that is full of richness and the hope that we can change and grow.

New NUCCA Listing Form

To ensure the most optimal correction is provided for every patient, a new listing sheet has been created to gather the most relevant and important NUCCA x-ray listing data. This new form has been added to the Downloads tab on the website <http://www.nucca.org/downloads.php>.

Please use this as part of your office files or when patients are traveling and the next NUCCA doctor will have the necessary information to properly care for your patient.

The details contained in this sheet are considered "essential" to providing best NUCCA clinical care practices.

As a side note, clinical judgment is always needed to determine whether new x-rays would be appropriate to update and supplement this historical information of the patient's ASC.

Thank you to Drs. Glenn Cripe and Steven Nakano for their assistance in the creation and production of this form.

Conference Update

Spring Conference in Minneapolis, MN

"Finessing the Adjustment; Perfecting the Triceps Pull"

Once again, we will welcome you to balmy Minnesota for the spring NUCCA conference! The snowstorm at the conference last year really was a fluke for April, but this year's weather seems to be following suit so bring your sweaters just in case!

The location of the conference will be the same as last year:



Hilton, Minneapolis/St. Paul Airport, Mall of America

3800 American Blvd East
Bloomington, MN 55425

Registration has been opened and the link/form can be found on the NUCCA website:

<http://www.nucca.org/conferences.php>.

The very popular Medicare Compliance session from last year will return, as well as a couple new classes that will definitely provide valuable information for your practice! Don't forget to join us for the annual business meeting and elections on Friday at 4pm!

A big thank you to all of our Credentialed Instructors, who volunteer their time to help us all be more successful:

- Dr. Keith Denton
- Dr. Marshall Dickholtz Jr.
- Dr. Marshall Dickholtz Sr.
- Dr. Vince Fitzpatrick
- Dr. Tymothy Flory
- Dr. Gordon Hasick
- Dr. Johanna Hoeller
- Dr. Craig Lapenski
- Dr. Steven MacDonald
- Dr. David Packer
- Dr. Barbara Read
- Dr. Deb Sesker
- Dr. Jack Stockwell
- Dr. Lee Yardley
- Dr. Michael Zabelin

And to the Provisional Instructors as well:

- Dr. Michael Foran
- Dr. Kerry Johnson

Join us at 7 p.m. on Friday, April 25th, for the President's Reception! Tickets can be purchased at the time of registration for \$55!

If you are a student and would like to participate in a chance to receive complimentary conference registration, keep reading!

We will be having an essay contest, and awarding free conference registration to the author of best essay! Students may submit an essay, with the title **"What one thing most attracted me to NUCCA and why"** to Debbie Norton at the NUCCA office before April 4, 2014 to be considered for the contest. For those students who are following a family tradition, please answer the question "when looking at other techniques, what one thing about NUCCA keeps me involved with NUCCA".

Student essays can be emailed to Debbie at dnorton@intrinsec.com or they can be mailed to:

NUCCA

5353 Wayzata Blvd. Ste. 350
Minneapolis, MN 55416

Don't forget about the new membership policy, effective January 2014. In order to be listed in the online directory, you must have attended a conference in the last 2 years. If you didn't attend a conference in 2012 or 2013, this is your last chance to do so in order to be listed in the 2014 directory!

Debbie and Jessica look forward to seeing all of your smiling faces in two months!

SAVE THE DATE!

The 2014 NUCCA Fall Conference will be held
October 9 - 11, 2014.

NUCCA Activities at Chiropractic Colleges

NUCCA Elective at Life University – Dr. David Packer

NUCCA is now offered at Life University as an elective 2 credit course and I have been hired on as part-time faculty to teach the class each quarter. The course is taught 4 hours on Friday, 8 hours on Saturday and 4 hours on Sunday. Life has been very gracious in taking care of travel accommodations since I do not live in the Atlanta area.

The first weekend I taught NUCCA protocol, basic biomechanics, x-ray positioning and x-ray analysis. The second weekend I taught leg check, headpiece placement and adjusting. Written and practical exams were given.

There were over a dozen students for the first class and it was well received, as a number of the students expressed interest in pursuing upper cervical as their technique of choice and many were committed to attending the spring conference in Minneapolis.

The class will be taught again to a new group of students at the end of January and mid-March for the winter quarter. I will be hosting a table at the banquet in Minneapolis for all the Life East students so please stop by, introduce yourself to the students and offer them some encouragement to engage with the NUCCA organization.

I look forward to a long and prosperous relationship with Life. Our future looks bright when future generations of students can be exposed to the work.



NUCCA Elective class at Life University

Dr. Justin Brown Presents the Science, Art and Philosophy of Atlas Subluxation Correction - Sherman College of Chiropractic

In this presentation Dr. Brown discusses the development of upper cervical from BJ to the present, with a focus on orthogonal-based upper cervical chiropractic. The presentation makes a case for limiting a practice to upper cervical only, as the science of upper cervical care is reviewed along with the specificity of the analysis and correction of the atlas subluxation complex. The presentation is 4 hours long and was attended by 100 DCs and students this summer at Sherman Lyceum. Dr. Brown presented this program in January for the Georgia council on chiropractic at the Dynamic Essentials program in Atlanta, and will present for the Florida Chiropractic Society in March as well.

Dr. Zabelin at Life West

Dr. Michael Zabelin has been on staff at Life West for 26 years now! He teaches the NUCCA II elective every winter and summer quarter – this class is offered to students who have completed the UC survey course. After completing the elective, students are able to use NUCCA in the Public Clinic.

Life West has a dedicated UC suite with digital analytic software and a part-time staff doctor specifically for mentoring students in the clinic. The course is 12 weeks long, with the class meeting on Thursday evenings. Material covered mirrors the NUCCA conferences for beginning doctors. Field doctors periodically sit in on the class as well.

Palmer Davenport - Finley Sesker, NUCCA Club President

The Palmer College NUCCA Club is planning on a visit from Dr. Yardley (date TBA) and another presentation on the 3rd Era of Medicine by Dr. Deb Sesker, D.C. and Dr. Sheryl Childs, D.O..

Training for the 2nd Annual Palmer NUCCA Club Run for Research is underway! Please consider pledging us as we set out to run 93 miles in support of NUCCA research! The event will take place on Saturday, April 5th from 1-3 p.m. and will begin at Credit Island in Davenport, IA.

[Click here](#) for more information.

Patient Spotlight by Dr. Zachary Ward

Powerful Motion Sickness Comes to Halt After Upper Cervical Correction

Have you ever experienced motion sickness so severe that it struck you even when you were not moving? For Karyn Feuling, nausea was a mysterious and daily occurrence that forced her off her feet from her early teens until her late 30s. That is, until she received her first NUCCA correction from Dr. Jeremy Barone in the Northwest Chicago suburbs.

"Ever since I can remember, I've had a problem with motion sickness," Karyn told the NUCCA News.

"Traveling in any kind of way brought on significant problems such as head pain headaches, nausea, neck and shoulder pain, trigger points, drowsiness, and fatigue. It would take me days to unwind after traveling in order to enjoy the destination."

The mysterious part of Karyn's illness was that it happened even when she was not moving. "The feeling would occur even if I wasn't riding in a car - but it still felt like car sickness."

Karyn believes her motion sickness began when she was a young teen, when she injured her neck on an amusement park ride. "I had a whiplash that was never corrected. Most of my car accidents have been where I have been hit from behind."

If Karyn were to add up all her major and minor fender-benders, she can count more than ten. An unfortunate series of car accidents over the last twenty or more years have only complicated her health, making her motion sickness worse. Two of those accidents happened during Karyn's pregnancies, which she believes made those pregnancies more difficult.

The multiple whiplash injuries took their toll on more than just her nausea. It got so bad that Karyn could not travel. "I lived most of my life feeling like I had a vice on my neck," she said.

What did Karyn do to cope? There were times when she received multiple healing therapies for her neck on a daily basis; from chiropractic, to massage, to craniosacral therapy, to herbal supplements.

Karyn's professional life brought her close to the answer to her suffering, but not quite close enough. She has a background as an herbalist and in naturopathy. She worked for a chiropractic college in the metro-Chicago area and her work at the college allowed her to explore all kinds of natural therapies.

"Through the years I was exposed to all kinds of different modalities," Karyn said. "All of them were really helpful, but only for a short time. It would take the intensity away, but never offer 100% relief...and some days the only thing I could do to make it go away was to go to sleep."

For two years Karyn's father told her she needed to get her atlas (the first cervical vertebra) checked by his upper cervical chiropractor, Dr. Jeremy Barone. Her father had found relief for a five decade-old problem under Dr. Barone's care, and he thought Karyn should give NUCCA a try. For two years Karyn resisted, until she could no longer stand her discomfort. Seeing if she could find a different kind of relief, she set up an appointment with Dr. Barone.

"Right after he corrected me, I felt a little bit better. But as the days progressed, I couldn't believe the difference. The whiplash, that vice-like feeling of my neck was gone. I had more energy, more vitality. I could stay up for hours and hours and do all the things I couldn't do before."

Two years after her first correction, what advice does Karyn have for others? "I wish I had listened to my dad and gone to get checked before I did. I believe that my pregnancies would have been better had I been in alignment. I think people should go and get checked. Whether you think you have a problem or not, if you go before it becomes a big problem, you are only enhancing your life."

"I said to Dr. Barone, 'Thank you for fixing me this side of heaven, because I never knew someone could feel this good. Ever.'"



Karyn Feuling

Fall Conference Photos

What changes a few years can bring.....



Drs. Barone, Thomas, Brown and Lapenski at fall 2013 NUCCA conference



Left to right: Dr. Cripe, Dr. Pond, Jr., Dr. Seemann (standing in for Dr. Gregory) and Dr. Hasick



Drs. Gregg, Ferrao, Lorenzen, Planchich and Yu at fall 2013 NUCCA conference



Dr. Robert Goodman, recipient of Dr. Robert T Brooks Service Award



Dr Zabelin with Dr. Spinato, Certification Candidate, passed level 1



President's Reception at fall 2013 NUCCA conference